



# 46<sup>TH</sup> HARVEST INVITATIONAL Etobicoke Olympium

**November 1 – November 3, 2019**

**DATE:** November 1 – November 3, 2019

**HOSTED BY:** Mississauga Aquatic Club

**LOCATION:** Etobicoke Olympium,  
590 Rathburn Rd,  
Etobicoke, ON M9C 3T3

**FACILITY:** 2 x 25 meter, 8 lane competition indoor pool with electronic timing

**MEET PACKAGE:** The only meet package which will be considered as valid must be the most current version found on [www.swimming.ca](http://www.swimming.ca)

## **COMPETITION**

**COORDINATOR:** Carole Binsky, Level V      Email: [carole.swim@gmail.com](mailto:carole.swim@gmail.com)

**MEET MANAGER:** Tereza Vassileva, Huimin Luo      Email: [swimandrea@hotmail.com](mailto:swimandrea@hotmail.com)

## **SAFETY &**

**LIABILITY:** Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination. For additional resources click [HERE](#).

Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck.

### **Rowan's Law – Concussion Management**

The *Rowan's Law* requirements came into effect on July 1, 2019. Swim Ontario takes the health and well-being of all participants in sport and recreation activities very seriously and is committed to helping all in the Swim Ontario family succeed in swimming and other activities. Parents, coaches, officials, volunteers and swimmers all have a role to play in ensuring the safety of all participants at sanctioned competitions in Ontario. We must create an environment that encourages and motivates participants to assume responsibility for their own safety and the safety of others.

Until further protocols or procedures are in place, the concussion management protocol will take effect for all participants at a Swim Ontario sanctioned competition that are involved in an incident resulting in a significant impact to the head, face, neck or body. If symptoms of a possible concussion are present the participant shall be removed from any further Swim Ontario sanctioned activity until they receive Swim Ontario approval upon clearance, in writing, by a medical professional with experience in concussion treatment/protocols. For full details and resources on Rowan's Law and Concussion management protocols click [HERE](#).

### **Open and Observable Environment**

Swimming Canada and Swim Ontario is dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means making meaningful and concerted efforts to avoid situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both 'open' and 'observable' to others.

### **Event Photography/Videography**

In order to minimize risk, all photographs and video taken at Swimming Canada/Swim Ontario sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area. For full details click [HERE](#)

Only individuals that have made application and received authorization to record the event, in any manner, in any medium or context now known or hereafter developed, shall be granted access to the designated deck area and permission to do so. Please contact Meet Management for application and authorization.

## **COMPETITION**

### **RULES:**

Sanctioned by Swim Ontario.  
All current Swimming Canada (SC) rules will be followed.

All swimmers participating in a provincially sanctioned meets shall be required to comply with swimwear rule GR 5. Click [HERE](#) to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator.

Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed [HERE](#).

### **ELIGIBILITY:**

All athletes must be registered as Competitive swimmers with Swimming Canada (SC) and have a valid SC registration number. Swimming Canada entries without a valid SC registration number and registration status will be declined entry.  
Foreign competitors are welcome, subject to the provisions below.

All foreign competitors must be registered with an amateur swimming organization recognized by FINA. All foreign swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body.

All foreign swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable

by Swim Ontario and shall be submitted with the [Proof of Residence and Registration Status form](#) to Swim Ontario no later than 7 days prior to start of competition.

## QUALIFYING

**STANDARDS:** Qualifying standards for entry to Harvest Invitational are:

**13 & Over** - Minimum qualifying times are "C" Standard from Swim Ontario Provincial Standards 2019-2020 - Short Course and only one "C" time is required.

**12 & Under** - Minimum qualifying times are "E" Standard from Swim Ontario Festival Standards 2019- 2020 - Short Course and only one "E" time is required.

Please submit SCM times for seeding purposes. Please use standard Hy-tek conversions for LCM and Yards times. Qualifying Period starts Sept 1, 2018.

## HARVEST SESSIONS:

Session	Date	Prelim/Finals	Warmup	Start	Finish	Estimated Duration
1	Friday PM (Shallow) 13 & Over	Time Finals	4:00-4:50	5:00	8:30	3.5 hrs
2	Friday PM (Deep) 12 & Under	Time Finals	4:00-4:40	5:00	8:30	3.5 hrs
3	Saturday AM 13 & Over	Time Finals	7:00-7:50	8:00	12:00	4 hrs
4	Saturday PM 12 & Under	Time Finals	12:00-12:50	1:00	4:30	3.5 hrs
5	Saturday EVE 13 & Over	Time Finals	4:30-5:30	6:00	9:00	3 hrs
6	Sunday AM 12 & Under	Time Finals	7:00-7:50	8:00	11:00	3 hrs
7	Sunday PM 13 & Over	Time Finals	12:00-1:00	12:30	4:00	3.5 hrs

## ENTRY DEADLINE: Thursday, October 24, 2019.

Entries must be submitted through the SNC online entries system at [www.swimming.ca](http://www.swimming.ca)  
Meet Management will not accept entries directly via email.

Age for the meet is the first day of the meet, November 1, 2019.

## ENTRY FEE:

Individual Events: \$ 12.00 per entry including HST and Gold Bonus.

Relay Events: \$ 15.00 per entry including HST and Gold Bonus. Deck

Entries: \$ 15.00 per entry including HST and Gold Bonus.

Please make check payable to: "**Mississauga Aquatic Club**". Check must be delivered to the Meet Manager prior to the Saturday AM start or the swimmer(s) will not be allowed to swim.

## SCHEDULE OF EVENTS:

See Appendix A

**MEET NOTES:**

All events are Time Finals with different sessions for 12 and under, 13 and over. All events will be swum slowest to fastest except for 800 freestyle that will be swum fastest to slowest and alternating one heat of girls and one heat of boys. Fastest 2 heats for both boys and girls will be swum as a first event of Session 1 before the 50 fly. Remaining 800 heats will be swum at the end of Session 1 after 50 BR.

Meet manager reserves the right to limit entry to 400 IM, 400 FR and 800 FR and/or to swim 2 per lane. If Meet Manager chooses to swim 2 per lane, the fastest heat of each event will be swum one swimmer per lane.

Meet manager reserves the right to limit entries to ensure successful completion of the meet in accordance with the mandated time lines.

**DIVE STARTS:**

As per the Facility Rules for Dive Starts, this competition will be conducted as follows: Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1 from both ends.

**RECORDS:**

Swim Ontario has a completed certified pool length survey for the aforementioned swimming pool and swim times achieved at this competition will be eligible for provincial or national records.

**DECK ENTRIES:**

Deck Entries are Exhibition Only. They are not eligible for scoring or awards. Deck entries will be accepted for empty lanes only (no new heats will be created). Swimmers entered on deck must have valid proof of SC registration as an active, registered, competitive swimmer. *(include applicable fees)*

**COACH'S****REGISTRATION:**

Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliance lists](#). If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

**TIME SPLITS:**

Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.

**CHECK IN****AND SCRATCHES:**

There is a positive check in for *800 FR, 400 FR, 400 IM*.

Scratches are to be made at the clerk of course desk 30 minutes prior to the start each session.

No scratch penalty shall be imposed for late or day of scratches.

**AWARDS:**

**Individual Events: Medals** 1<sup>st</sup> - 3<sup>rd</sup>

**Individual Events: Ribbons** 4<sup>th</sup> - 8<sup>th</sup>

**Age Groups:** 10&Under, 11, 12, 13, 14, 15&Over

**Relay Events: Medals** 1<sup>st</sup> - 3<sup>rd</sup>

**Age Groups:** 12&Under, 13&Over

**MEET RESULTS:**

Official Results will be posted within 48 hours of completion of the meet to [www.swimming.ca](http://www.swimming.ca)

Results will be posted as quickly as possible at the meet.

Live Results / Meet Mobile are available.

**MIXED-GENDER:**

An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event.

In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.

In the event that mixed gender swims are permitted, the results must still be posted separately by gender of swimmers.

## Appendix A- Harvest Sessions

Session: 1 Harvest Friday Evening Shallow				
Day 1		Warm Up:4:00-4:55 PM	Starts: 05:00 PM	
Finals	7 – Girls OPEN Fastest 2 heats	Fastest 4 heats 800 Freestyle	8 - Boys OPEN Fastest 2 heats	Finals
Finals	1 – Girls 13&O	50 Butterfly	2 - Boys 13&O	Finals
Finals	3 – Girls 13&O	50 Backstroke	4 - Boys 13&O	Finals
Finals	5 – Girls 13&O	50 Breaststroke	6 - Boys 13&O	Finals
Finals	7 – Girls OPEN Remaining heats	800 Freestyle Remaining heats	8 - Boys OPEN Remaining heats	Finals
Session: 2 Harvest Friday Evening Deep				
Day 1		Warm Up:4:00-4:55 PM	Starts: 05:00 PM	
Finals	9 – Girls 12&U	Under 200 IM	10 – Boys 12&U	Finals
Finals	11 – Girls 12&U	Under 400 Freestyle	12 – Boys 12&U	Finals
Session: 3 Harvest Saturday Morning Shallow				
Day 2		Warm Up: 7:00-7:55 AM	Starts at 08:00 AM	
Finals	13 – Girls 13&O	100 Breaststroke	14 - Boys 13&O	Finals
Finals	15 – Girls 13&O	50 Freestyle	16 - Boys 13&O	Finals
Finals	17 – Girls 13&O	200 Butterfly	18 - Boys 13&O	Finals
Finals	19 – Girls 13&O	100 Backstroke	20 - Boys 13&O	Finals
Finals	21 – Girls 13&O	Over 400 Freestyle	22 - Boys 13&O	Finals
Session: 4 Harvest Saturday Afternoon Shallow				

Day 2		Warm Up:12:00-12:55 PM	Starts at 01:00 PM	
Finals	23 – Girls 12&U	200 Freestyle	24 – Boys 12&U	Finals
Finals	25 – Girls 12&U	50 Butterfly	26 – Boys 12&U	Finals
Finals	27 – Girls 12&U	100 Backstroke	28 – Boys 12&U	Finals
Finals	29 – Girls 12&U	50 Breaststroke	30 – Boys 12&U	Finals
Finals	31 – Girls 12&U	50 Freestyle	32 – Boys 12&U	Finals
Finals	33 – Girls 12&U	200 Medley Relay	46 – Boys 12&U	Finals
<b>Session: 5 Harvest Saturday Evening Shallow</b>				
Day 2		Warm Up:4:30-5:30 PM	Starts: 05:30 PM	
Finals	35 – Girls 13&O	Over 400 IM	36 - Boys 13&O	Finals
Finals	37 – Girls 13&O	200 Backstroke	38 - Boys 13&O	Finals
Finals	39 – Girls 13&O	100 Freestyle	40 - Boys 13&O	Finals
Finals	41 – Girls 13&O	200 Medley Relay	42 - Boys 13&O	Finals



**ETOBICOKE OLYMPIUM AQUATIC EVENT PROCEDURES  
FOR MEET MANAGERS, OFFICIALS AND COACHES**

1. The Olympium Part Time Supervisor will be responsible for handling any problems that arise with space allocation or safety during the meet.
2. Absolutely no food in the bleachers or on the pool deck with the exception of drinks provided for the officials working during the event.
3. No running on the deck, under the bleachers or on the bleachers.

4. No across	<b>Session: 6 Harvest Sunday Morning Shallow</b>					climbing the railing between gallery and bleachers.
	Day 2		Warm Up:7:00-7:55 AM	Starts: 08:00 AM		
5. No over gates the and	Finals	43 – Girls 12&U	100 Freestyle	44 – Boys 12&U	Finals	climbing the yellow between pool deck the bleachers.
	Finals	45 – Girls 12&U	50 Backstroke	46 – Boys 12&U	Finals	
	Finals	47 – Girls 12&U	100 Breaststroke	48 – Boys 12&U	Finals	
	Finals	49 – Girls 12&U	100 Butterfly	50 – Boys 12&U	Finals	
	Finals	51 – Girls 12&U	200 Freestyle Relay	52 – Boys 12&U	Finals	
6. Shoes worn outside change areas.	<b>Session: 7 Harvest Sunday Afternoon Shallow</b>					must be whenever the pool or room
	Day 2		Warm Up:12:00-1:00pm	Starts: 1pm		
7. No the blocks during	Finals	53 – Girls 13&O	200 IM	54 - Boys 13&O	Finals	diving off starting or bulkhead warm-ups.
	Finals	55 – Girls 13&O	100 Butterfly	56 - Boys 13&O	Finals	
	Finals	57 – Girls 13&O	200 Freestyle	58 - Boys 13&O	Finals	
	Finals	59 – Girls 13&O	200 Breaststroke	60 - Boys 13&O	Finals	
	Finals	61 – Girls 13&O	200 Freestyle Relay	62 - Boys 13&O	Finals	

Please slip or jump into the pool. It is recommended to designate lanes one and eight as sprint lanes in one direction only, for the last part of warm-ups.

8. The use of flippers and hand paddles, during warm-ups is prohibited.
9. Swimmers that are not competing are not to be in other areas of the building, and are not to upset the normal operation of the other departments.
10. **Coaches are directly responsible for the supervision of their athletes at all times. This includes the pool area, change rooms, hallways and all other areas of the Etobicoke Olympium.**