

Mallards

Stage 3

Racing

PRESENTED BY:



MARKHAM PAN AM CENTRE

16 Main Street
Unionville, Ontario

MALLARDS NOV. 28 STAGE 3 RACING

- DATE:** November 28, 2021
- HOST:** **Mallards Swim Team**
- LOCATION:** MARKHAM Pan Am Centre
16 Main Street,
Unionville, Ontario
- FACILITY:** Two 25 m, 10 Lane, Competition Pool with Swiss Timing System.
- DIVE STARTS:** This competition will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1 from both ends.
- COMPETITION RULES:** All current Swimming Canada rules will be followed.
All swimmers participating in provincially sanctioned meets shall be required to comply with swimwear rule GR 5. Click [HERE](#) to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator.

Please note that [Swimming Canada Competition Warm-Up Safety Procedures](#) will be in effect.
- MEET PACKAGE:** The only valid meet package is the most current one found on www.swimming.ca
- COMPETITION COORDINATORS:** Wayne Dorrington, wdorrington@cogeco.ca
Vivien Hughsam, hughsam.v.mst@gmail.com
- MEET MANAGERS:** Stephen Chan and Gigi Chan, meetmanager@mallardsswimming.com
- COVID SAFETY COORDINATOR:** Lilly Hewwing, lhewwingmst@gmail.com
- ENTRY REQUIREMENTS:** **Health Screening:** All participants will show proof of successful completion of the [Markham Online Health Screening](#) on their mobile device or a printed copy.

Proof of Vaccine Status & Identity:
- All participants 12 yrs. and older, must be fully vaccinated (plus 14 days from their second shot) to attend/participate in the event as per Swim Ontario and MPAC policy.
 - An electronic or PDF form of participant's Ontario Health Ministry vaccine receipt, and a personal ID with name and date of birth will be required.
 - Exemptions will only be for participants under the age of 12 or with the presentation of valid medical exemption documentation.
- Event Attestation:** All participants will complete the Event Covid-19 Attestation form and provide their contact information. Only participants whose name appears on the 'Completed Event Attestation' list will be permitted entry to the facility.
- SPECTATORS:** One spectator per athlete is permitted to a maximum of 100 per session as per facility rules.
- PARTICIPANT SAFETY:** **Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe, welcoming and inclusive sport environment that is free of abuse, harassment and discrimination. COVID Safety Procedures, Concussion Management & Event Photography procedures will be in effect. For complete details click [HERE](#).**

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- OFFICIALS** Olga Vovchenko and Bonita Tenn... officialschair@mallardsswimming.com
- COORDINATORS:** It would be greatly appreciated if each club could provide officials to help out at the meet. Please indicate sessions/positions preferred. We will do our best to accommodate.
- COMPETITION:** Swimmers will swim in age combined events, 12 & Under and 13 & Over groups. All events are Timed Finals.
- ELIGIBILITY:** **All athletes must be registered as Competitive swimmers with Swimming Canada.**

This event includes swimmers from Mallards Swim Team, Burlington Aquatic Club and RAMAC.

- MIXED GENDER:** An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event.

In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.

In the event that mixed gender swims are permitted, the results must still be posted separately by gender of swimmers.

- COACH'S REGISTRATION:** Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliancy lists](#). If a coach is not on this list, meet management is obligated to enforce the SNC policy and not permit that coach to attend meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance

- ENTRY FEES:**
- | | |
|----------------------------|---------|
| Individual events to 200 m | \$13.00 |
| Events 400 m and Up | \$18.00 |

All fees include HST and Swim Ontario Gold Bonus.

Payment will be by **e-transfer** prior to the start of the event.

- ENTRIES:** Entries must be received by Wednesday, **Nov. 17, 2021**
Deadline for changes is Monday, **Nov. 22, 2021**

- Entries must be submitted through the SNC online entries system at www.swimming.ca-a
- **No changes will be accepted after Nov 22, as the meet will have been final seeded. After that time, all entries will be considered final and fees will be calculated; No Refunds will be granted for missed swims.**
- Entries will be considered in order received and with the discretion of meet management.
- Entry confirmations will be sent by individual email from www.swimming.ca.

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- Meet Management reserves the right to restrict and/or close entries prior to the deadline in the event of over subscription.

ENTRY

RESTRICTIONS:

Meet Management requests all swimmers be entered with real (provable) or estimated entry times to allow for proper seeding

- The event is limited to a maximum of 100 swimmers
- Maximum of 4 Individual Events is permitted
- **No Time (NT) entries will not be accepted**
- No qualifying standard
- A competitor's age is their age as of the start date of the meet, November 28, 2021

SEEDING/

CONVERSIONS:

Heats will be seeded slowest to fastest except in 400 IM, 400/800 m Free, fastest to slowest. All entries must be submitted using short course times in meters (SCM). Please use Hy-Tek default conversion factor to convert LCM times to SCM times before submitting entries.

OFFICIAL SPLITS:

Official Split Requests will not be permitted at this event.

RECORDS:

Swim times achieved at this competition will NOT be used for applications of provincial and national records.

SCHEDULE OF SESSIONS:

The event is limited to 3 sessions and a maximum of 100 swimmers per session. The session length will not exceed 2.5 hours per session (excluding warm-up periods).

SESSION	AGE GROUP	WARM UP	START	EST. LENGTH
1	13 & Over	7:00 am - 7:40 am	7:45 am	2 ½ hrs.
2	12 & Under	11:45 pm - 12:25 pm	12:30 pm	2 ½ hrs.
3	13 & Over	4:30 pm - 5:10 pm	5:15 pm	2 ½ hrs.

SCHEDULE

OF EVENTS:

See "Appendix A" for order of events

SESSION TIMES:

In order to abide by Swim Ontario Sanctioned guidelines for Stage 3 Racing, session lengths will be limited to no more than 2.5 hrs.

Meet Management reserves the right to:

1. Amend warm-up and start times according to the number of entries received.
2. Limit the number of swimmers in an event and or run events in multiple sessions if necessary.
3. Limit the number of heats in any particular event(s)

An updated schedule will be posted on the Mallards website as soon as it becomes available.

DECK ENTRIES:

Will be **Exhibition (EX) only**. No awards will be given.

Entries must be made 30 minutes prior to the start of the session, and will be accepted based on the availability of empty lanes in slowest heats.

- Swimmer substitution will not be allowed.
- Permitted for swimmers already entered in the competition.

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- Cost is \$20.00 per Individual event, payable in cash (exact amount) and submitted to the COC with the Deck Entry Form.

CHECK-IN: **POSITIVE CHECK-IN** is required for all **400 IM, 400 and 800m Free events**, at least **30 minutes** before the start of the session, at the Clerk of Course table. Failure to do so may result in the swimmer being eliminated from the race.

SCRATCHES: **TIME FINAL Events:** Scratches are to be made to the Clerk of Course at least 30 minutes before the start of each session. No penalty for late scratches of these events.

NO REFUND(S) will be issued for swimmers who do not swim any heat for which they are seeded.

PSYCH SHEETS: Psych sheets will be posted online at www.mallardsswimming.com through a link on the homepage of Mallards Swim Team.

RESULTS: Unofficial meet results will be available on Live Results/Meet Mobile. Official meet results will be uploaded to www.swimming.ca within 5 days of completion of the meet.

AWARDS & HOSPITALITY:

In light of the Covid-19 Pandemic...

- No awards will be presented.
- Refreshments will not be provided by the host club for coaches or officials.
- Restaurants and Food Courts are available closeby...

Langham Squares (1km)

8339 Kennedy Rd, Markham, ON L3R 5T5
<https://goo.gl/maps/UK5MbhhLpESAeFGA>

New Kennedy Square (1.3km)

8360 Kennedy Rd, Unionville, ON L3R 9W4
<https://g.page/newkennedysquare?share>

Markville Mall (2.9km)

5000 Hwy 7, Markham, ON L3R 4M9
<https://goo.gl/maps/HuVbhhGViRvzLLeLA>

ONLINE BRIEFING FOR COACHES & ATHLETES, and OFFICIALS:

- A mandatory virtual briefing will be conducted via Google Meet for all participants to review the new Entry Procedure, Safety and Meet Protocols, etc.
- The meeting link will be sent out closer to briefing dates
- Coaches & Athletes: Tuesday, November 23, 7:30 pm
- ALL Officials: Wednesday, November 24, 7:30 pm

OTHER INFORMATION: No food shall be allowed on deck.
No glass objects shall be allowed on deck.
Lockers are not available.
Onsite parking is free but may be limited.

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Appendix A Order of Events

SESSION #1 SUNDAY, November 28, 2021 WARM-UP: 7:00 AM START: 7:45 AM				
EVENT #	AGE GROUP	EVENT	COMPETITION	GENDER
1	13 & Over	50 Breast	T-F	Mixed
2	13 & Over	200 Fly	T-F	Mixed
3	13 & Over	100 Back	T-F	Mixed
4	13 & Over	200 Breast	T-F	Mixed
5	13 & Over	200 IM	T-F	Mixed
6	13 & Over	200 Free	T-F	Mixed
7	13 & Over	50 Fly	T-F	Mixed
8	13 & Over	50 Free	T-F	Mixed

SESSION #2 SUNDAY, November 28, 2021 Warm Up: 11:45 AM Start: 12:30 PM				
EVENT #	AGE GROUP	EVENT	COMPETITION	GENDER
20	12 & Under	50 Free	T-F	Mixed
21	12 & Under	200 Fly	T-F	Mixed
22	12 & Under	200 Breast	T-F	Mixed
23	12 & Under	100 IM	T-F	Mixed
24	12 & Under	200 Back	T-F	Mixed
25	12 & Under	50 Fly	T-F	Mixed
26	12 & Under	50 Breast	T-F	Mixed
27	12 & Under	200 Free	T-F	Mixed
28	12 & Under	50 Back	T-F	Mixed
29	12 & Under	100 Fly	T-F	Mixed
30	12 & Under	100 Breast	T-F	Mixed
31	12 & Under	200 IM	T-F	Mixed
32	12 & Under	100 Free	T-F	Mixed
33	12 & Under	100 Back	T-F	Mixed
34	12 & Under	400 Free	T-F	Mixed

*400 m Free event will be seeded Fast to Slow. All other events Slow to Fast

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SESSION #3 SUNDAY, November 28, 2021 WARM-UP: 4:30 PM START: 5:15 PM				
EVENT #	AGE GROUP	EVENT	COMPETITION	GENDER
40	13 & Over	100 Fly	T-F	Mixed
41	13 & Over	100 Breast	T-F	Mixed
42	13 & Over	200 Back	T-F	Mixed
43	13 & Over	100 Free	T-F	Mixed
44	13 & Over	50 Back	T-F	Mixed
45	13 & Over	400 Free*	T-F	Mixed
46	13 & Over	400 IM*	T-F	Mixed
47	13 & Over	800 Free*	T-F	Mixed

*400/800 Free and 400 IM events will be seeded Fast to Slow. All other events Slow to Fast