

June 8 update – Session Warm-up/Start time changes + distance overflow on Sunday

JUNE 16 -18, 2023

SUMMER 2023
FESTIVAL
ONTARIO FESTIVAL CHAMPIONSHIPS

Oakville Aquatic Club
OAK

ON SWIM ONTARIO

LAKESHORE SWIM CLUB

2023/06/16-18

Presented by



**TEAM AQUATIC
SUPPLIES LTD**



SUMMER ONTARIO FESTIVAL CHAMPIONSHIPS
ETOBICOKE OLYMPIUM

MEET PACKAGE

HOSTED BY LAKESHORE AQUATIC CLUB AND
OAKVILLE AQUATIC CLUB



GENERAL INFORMATION

- Sanctioned by Swim Ontario
- Hosted by Lakeshore Aquatic Club and Oakville Aquatic Club
- **Meet Format:** Long Course – Time Finals
- **Location:** Etobicoke Olympium - 590 Rathburn Rd, Etobicoke, ON M9C 3T3
- **Facility:** 8 lane 50m competition pool - Swiss Timing electronic timing system.
- **Dates:** June 16-18, 2023
- **Meet package:** The only meet package that is considered valid is the most current one located at www.swimming.ca

PARTICIPANT SAFETY

Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination. For additional resources click [HERE](#).

- Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on the deck.
- NO OTHER PERSON IS PERMITTED on the deck unless expressly authorized by Swim Ontario.

SWIM ONTARIO CONCUSSION MANAGEMENT PROCEDURE (ROWAN'S LAW)

- The [Swim Ontario Concussion Management Procedure](#) is in effect at all Swim Ontario sanctioned events. It outlines the Swim Ontario Removal-from-Sport and Return-to-Sport protocols. Clubs and coaches must ensure athletes are aware of this procedure.
- Meet Management will have copies of the [Concussion Management procedure](#) at the competition.
- Any injury/incident resulting in a significant impact to the head, face, neck or body of any registered participant at any Swim Ontario member sanctioned event where concussion symptoms are present must be reported to the Chief Operating Officer of Swim Ontario within 24 hours using the [Swim Ontario Injury reporting form](#)

Parents, coaches, officials, volunteers and swimmers all have a role to play in ensuring the safety of all participants at sanctioned competitions in Ontario. We must create an environment that encourages and motivates participants to assume responsibility for their own safety and the safety of others.

OPEN AND OBSERVABLE ENVIRONMENT

Swimming Canada and Swim Ontario are dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means avoiding situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust must be in an environment or space that is both 'open' and 'observable' to others.

EVENT PHOTOGRAPHY/VIDEOGRAPHY

In order to minimize risk, all photographs and video taken at Swimming Canada/Swim Ontario sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area. For full details click [HERE](#)

PROCEDURE

- Only individuals that have made an application and received authorization to record the event, in any manner, in any medium or context now known or hereafter developed, shall be granted access and permission to do so.
- Entry into this competition is at the sole discretion of Swim Ontario and can be withdrawn, with immediate effect, by Swim Ontario. Individuals agree to be filmed, televised, photographed, identified and otherwise recorded during the Swim Ontario designated competition under the conditions and for the purposes now and hereafter authorized by Swim Ontario in relation to the promotion of Swimming Canada and Swim Ontario and the development of the sport of swimming.
- By accepting to attend you agree that all photographs and moving images taken by yourself within any Swimming Canada or Swim Ontario designated event including those of athletes competing shall be used solely for personal and non-commercial purposes, unless the prior written consent is obtained from Swimming Canada or Swim Ontario. The individual confirms that they fulfill the qualifications required by Swim Ontario and also agrees to information about themselves being collected by Swim Ontario and the Organizing Committee and such data being stored and used by them, and, where necessary, third parties, for the purposes of facilitating their participation in, and/or organizing the Swim Ontario Designated Competition.
- Live Streaming Services provided by [Rec Tec TV](#)



ORGANIZING COMMITTEE

- **Meet Managers:** Libby Leung-Kalman and Gretchen Evans - libbykalman@gmail.com
- **Competition Coordinators:** Anita Scheffel-Woo Lv 5, Clark Evans Lv 5 - officials@oakvilleaquatics.ca
- **Officials Coordinator:** Libby Leung-Kalman - email: libbykalman@gmail.com
 - **Officials Sign-up** - <https://form.jotform.com/231217124519247>
- **Entries Coordinator:** Nicole Parent – meetentries@swimontario.com

MEET ENTRY INQUIRIES:

All inquiries regarding entries are to be directed to meetentries@swimontario.com

- Swim Ontario Meet Information Page:
<https://www.swimontario.com/athletes/competitions/2023-summer-ontario-festival-championships>

ENTRY INFORMATION

ELIGIBILITY

All athletes must be registered as Competitive swimmers with Swimming Canada. A valid Swimming Canada registration number is required for all swimmers, and entries without a registration number will be declined. **All swimmers must be registered with a Swim Ontario affiliated club. Out-of-province swimmers are not eligible to attend.**

- A competitor's age is their age as of June 16, 2023
- **A competitor is permitted to attend either the 2023 Ontario Summer Festival Championship or the 2023 Ontario Summer Youth-Junior Championship but not both.**
- Relay-only swimmers will not be permitted at either the 2023 Ontario Summer Festival Championship or the 2023 Ontario Summer Youth-Junior Championship.

PARA SWIMMERS

- Para-swimmers must have a **current Level 1** or higher classification with Swimming Canada
- Para swimming events are open (any age) and are subject to ineligibility for de-qualifying.
 - De-qualifying: A para-swimmer with 3 or more provincial para standard is not eligible to attend Festivals.

ENTRY FEES & PAYMENT

- **Swimmer Fee:** \$90 + HST (\$101.70)
- **Relays:** \$25 + HST (\$28.25)
- Entry Fees must be paid prior to arrival or at team registration
- Payment methods:
 - **Etransfer:** etransfers@swimontario.com – indicate 2023 Summer Festivals and Club Code
 - **Credit Card (only prior to arrival):** contact - Clubs wishing to pay by credit card should contact nicole@swimontario.com for payment instructions.
 - **Cheque: Payable to Swim Ontario**
 - NO CASH PAYMENT ACCEPTED

ENTRY PROCESS & DEADLINE

- **Entry Deadline: Tuesday, June 6, 2023**
- **Qualifying Period:** January 1, 2022 – June 4, 2023
- **Qualifying Standards:** 2023 Swim Ontario Festival Standards– [PDF view](#)
- All swimmers must achieve at least 1 (one) 2023 Swim Ontario Festival Standard
- In the 10&U category, swimmers must qualify for the 100m backstroke, breaststroke or butterfly to be considered qualified for the corresponding 50m events.
- All entries received shall be UNCONVERTED and must validate on the RTR. No converted times will be accepted. Yards times will not be accepted.
- No Time (NT) will not be accepted.
- Maximum of 7 individual events per swimmer provided they meet the qualifying times (QT).

BONUS SWIMS

- Structure
 - 1 QT = 3 Bonus swims
 - 2 QTs = 2 Bonus swims
 - 3 QTs = 1 Bonus swim
 - 4 or more QTs = 0 Bonus swim
- 400/800 Free and 400 IM events are NOT ELIGIBLE AS BONUS SWIMS
- For 10&Unders: the 50m event may be entered as a Bonus event if no qualifying time in the corresponding 100m event.
- Bonus swims must be entered with actual times for seeding purposes
- Please indicate bonus events by the BONUS check in Hytek Team Manager and or provide a Team Unify report of Bonus Swims.

RELAYS

- Clubs may enter a maximum of two (2) relay teams per event.
- Relay-only swimmers are not permitted.
- Every member of every team must be properly entered in the meet in at least one individual event.

EVENT NUMBERING

- All able-bodied individual events: 1 – 199
- Relay events; 201 – 299
- All Para events: 401 – 499

PARA ENTRIES

- **Entry Deadline: Tuesday, June 6, 2023**
- **Qualifying Period:** January 1, 2022 – June 4, 2023
- Para-swimmers must have a **current Level 1 or higher classification** with Swimming Canada
- Para swimming events are open to any age group
- Para-swimmers are subject to ineligibility for meet de-qualifying.
 - De-qualifying: A para-swimmer with 3 or more provincial para standard is not eligible to attend Festivals.
- All events are swum as OPEN in the AFTERNOON sessions.
- Swimmers qualifying in an able-bodied event in their age category may choose to swim in that event, but cannot swim in the corresponding PARA event.
- Eligible PARA events (all classifications S1SB1SM1 – S14SB14SM14)
 - 50 Free, Back, Breast, & Fly
 - 100 Free, 100 Back
- There are NO BONUS SWIMS for para swimmers

SUBMISSION

- All entries must be submitted via the Meet List online entries system. <https://www.swimming.ca>
- **Attending coaches must be listed when uploading the entries file** to www.swimming.ca
- A successful entry file upload is only the confirmation of membership entry information against the national membership and entry confirmation does not guarantee a club's entries will be accepted by Swim Ontario.
- Once an entry file is uploaded, the RTR entry system will automatically email a confirmation of entries with an attached a validation report.

VALIDATION REPORT

- The validation report will list all entries for all swimmers and whether their entry time validates (see last column in the validation report).
- All entry times for individual events (including bonus events) must be validated in the RTR to be accepted.
- It is the club's responsibility to provide proof of time **within the qualifying period** for any non-validated times.
 - Unofficial split times will not be accepted as proof of time
 - Meet Mobile screenshots will not be accepted as proof of time
 - Best times reports will not be accepted as proof of time
 - Any official results document or website must be in English or French or translation provided by the club.
- Any non-validated entries without proof of time for qualifying events by the posting of final Psych Sheets will be removed or be designated as a bonus event if permissible under the bonus swim rules and seeded last.
 - Any non-validated entries without proof of time for qualifying events may result in the swimmer not being eligible to attend the competition.
- Any non-validated entries without proof of time for bonus events:
 - Will be removed or seeded last if validated time available.

CHANGES

- Clubs will have 48 hours after the entry deadline to review their entries from the validation report and make corrections/modifications to entries. After that time, fees will be calculated; no refunds will be granted for late scratches or missed swims.
- Following the 48 hours period, clubs requesting changes and corrections to entries may be made up until the final Psych Sheets are posted **at a cost of \$100 per change or correction**.
 - The per change cost is per swimmer, per event, per change; not per email sent.
 - Corrections or changes requested from the Swim Ontario Entries Coordinator are NOT subject to penalties.
- **Late Entries** for swimmers not entered by the 48 hours grace period will be accepted up until the final Psych Sheets are posted at a cost of double the meet entry fee.
- **Late entries or changes are subject to the qualifying times and the qualifying period. Times achieved AFTER the entry deadline are not eligible for qualifying or upgrade of entry time.**

- The Club Entries Contact person is required to complete an online form (link below) with Club Information for Swim Ontario and Meet Management. An auto-response will be sent to the person completing the form.
 - [Club Information Online Form](https://form.jotform.com/SwimOntario/2023-provincial-meets-team-reg-form) or copy and paste into browser <https://form.jotform.com/SwimOntario/2023-provincial-meets-team-reg-form>
- Entries submitted without the online form submission will not be accepted.
- Entries found to not be in compliance with entry requirements may result in individual swimmer and club being ineligible for entry into the competition.
- Psych Sheets will be posted online at www.swimontario.com no later than June 13, 2023
- All entries inquiries or request for changes to entries are to be directed to meetentries@swimontario.com
- Deck entries and time trial events will not be permitted at the competition

REGISTRATION INFORMATION

SWIMMING CANADA COACH REGISTRATION POLICY

The Swimming Canada coach registration policy states that all coaches attending any sanctioned competition must have a minimum NCCP coaching status. Swim Ontario has created a coach compliant list. All teams must submit a list of coaches attending at the time of entry. Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliance lists](#). If a coach is not on this list, meet management is obligated to enforce the SNC policy and not permit that coach to attend meet.

- Athletes must have a coach or designated coach (coach representative) in attendance during the event.

TEAM REGISTRATION

- **Team Registration will be done through an Online Team Registration Form** <https://form.jotform.com/SwimOntario/2023-provincial-meets-team-reg-form> **(complete on or before June 6) and in person.**
 - All attending coaches, support staff contact information will be collected.
 - Support Staff will be limited and not all request will be granted
 - Any club or High Performance Centre with Para Support Staff must submit an application through the **Online Team Registration Form** <https://form.jotform.com/SwimOntario/2023-provincial-meets-team-reg-form> **(complete on or before June 6).**
- Onsite Team Registration location & times:
 - TBD

TRAINING SESSIONS

- No pre-meet training available.
- The patio pool will be available for warm-up/cool-down – times may vary
- Warm-up periods may be split by clubs.

COACH MEETING

- There will be no onsite coaches meeting.
- Meet Management and Swim Ontario will provide technical meet format details via email and through the meet information page – click [HERE](#)

COMPETITION RULES

Swimming Canada and Swim Ontario rules govern this competition. Competition Rules and procedures contained in this Meet Information package supersede those found within the Swimming Canada Rulebook.

WARM-UP SAFETY PROCEDURES

The Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed [HERE](#).

SWIMWEAR

All swimmers shall be required to comply with swimwear rule GR 5. Click [HERE](#) to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator.

DIVE STARTS

As per the Facility Rules for Dive Starts, dive starts will be conducted from Starting Platforms (blocks) from both ends as per FINA FR 2.3 and SW 4.1.

BACKSTROKE LEDGES

Backstroke ledges will be available for use. Swimmers shall be responsible for setting the device.

AGE GROUPS

- A competitor's age is their age as of the first day of the competition (June 16, 2023).
- **Individual events:** 10&Under, 11, 12, 13
 - **Para events:** OPEN
- **Relay events:** 11&Under, 12-13

SEEDING

- After all times have been proven, entry times will be converted to **LCM** using Hy-Tek default conversion factor and seeded by time regardless of bonus swim designation.
- All events, except distance events, will be timed final seeded slowest to fastest by age category and gender.
- All distance events (800 Free) will be swum as timed finals seeded fastest to slowest by gender in following age category: 11, 12-13

Meet Management reserves the right to combine PARA events, combine heats or limit the number of heats should it be deemed necessary in order to comply with Swim Ontario competition sanctioning policies.

RELAYS

- All relays will be swum as timed final.
- Teams may move up no more than two (2) swimmers from a younger age category to fill a relay.
- Coaches must have relay forms filled in and returned to the Admin Desk 30 minutes prior to the start of the session. No name changes will be accepted after this deadline unless approved by meet management.

OFFICIAL SPLITS & DECK ENTRIES

- Meet Management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event must advise the Referee prior to the commencement of the event in question on the “Official Split Request” form prior to the race.
- The Official Split Request forms are available at the Admin Desk.
- Official Split Requests must be submitted 30 mins before the start of the session.
- Deck entries and time trial events will not be permitted.

SCRATCH RULES

ALL EVENTS

The deadline for scratches for all events (including relays) is 30 minutes before the start of the session to allow meet management the opportunity to ensure a full complement of swimmers/teams in the fastest heat of each event.

PENALTY

Failure to participate in the **FASTEST HEAT** of an event without meet management's knowledge and consent will result in a **\$50 fine** for each offence payable to Swim Ontario.

- All fines for “No-Shows”, “step-downs” and “unexcused incomplete swims” will be recorded by the Admin Desk. Unexcused incomplete swims shall be the sole determination of the Referee.
- A club representative must make payment for the fine.
- All unpaid fines will be invoiced by Swim Ontario.
- **Individual Events:** Failure to pay the fine before the swimmer’s next individual event will exclude the swimmer from any further participation in individual events at the meet.
- **Relay Events:** Failure to pay before the next session will exclude the team from any further participation in relay events at the meet.
- Accepted payment is via the Online Penalty Form via Credit Card - <https://form.jotform.com/SwimOntario/2023-provincial-meet-penalty-form>
- **All penalties must be paid to Swim Ontario before a Club entry file is accepted for the next Swim Ontario Provincial Championship meet**

RECORDS

- Swim Ontario has a completed certified pool length survey and swim times achieved at this competition will be eligible for provincial or national records.
- Coaches are asked to inform meet management of possible record attempts and/or if records are broken to ensure meet management can process the record application.

SCORING AND AWARDS

EVENT SCORING

- Only the top eight (8) individual events and relays score
 - Individual Events: 12,10,8,7,6,5,4,3
 - Relay Events: 24,20,16,14,12,10,8,6
- Both able-bodied and PARA contribute to team scoring.
- The Hy-Tek Para British Points System points charts shall be used to determine awards and scoring for para events. In the event of a points tie with swimmers of the same class in a race, the swimmer who touched first will be given that position. Level 1 classified swimmers will not be ranked or scored.
- Only times that meet the festival qualifying standard count towards team scoring.
- Reverse scoring will be in effect for any able-bodied or PARA event in which there are less than 8 swimmers or teams:
 - 8 swimmers/teams per final: 12,10, 8,7,6,5,4,3 / 24,20,16,14,12,10,8,6
 - 7 swimmers/teams per final: 10, 8,7,6,5,4,3 / 20,16,14,12,10,8,6
 - 6 swimmers/teams per final: 8,7,6,5,4,3 / 16,14,12,10,8,6
 - 5 swimmers/teams per final: 7,6,5,4,3 / 14,12,10,8,6
 - 4 swimmers/teams per final: 6,5,4,3 / 12,10,8,6
 - 3 swimmers/teams per final: 5,4,3 / 10,8,6
 - 2 swimmers/teams per final: 4,3 / 8,6
 - 1 swimmer/team per final: 3 / 6

EVENT AWARDS

- **Medals:** first through third (individual and relay events)
- **Ribbons:** Fourth through eight (individual events)
- Only times that meet the festival qualifying standard are eligible for awards

TEAM AWARDS

- **High Point Team-Overall:** The club with the highest points will be awarded a high point team banner
- **Small Team Award:** The small team banner will be awarded to the highest scoring team having 50 or fewer Ontario registered competition swimmers based on Swim Ontario club registration statistics as of one day prior to the start of the competition. A small team award will be announced at the summer meet.

FACILITY RULES

- Hospitality for coaches and officials.
- Onsite Parking.
- All swimmers, coaches and volunteers/ officials are to wear footwear when in the hallways and to wear indoor/deck shoes when in pool area.
- Lockers are available but limited; please bring your own lock.
- NO FOOD or DRINK ON DECK except for water.

OFFICIALS

- **Officials Coordinator:** Libby Leung-Kalman - email: libbykalman@gmail.com
 ○ **Officials Sign-up** - <https://form.jotform.com/231217124519247>

PROGRAM EVENT LIST

Meet Management reserves the right to change warm-up session times and to allocate team or gender warm-up schedules.

Meet Management reserves the right to change event order, limit 400 and 800 events to ensure reasonable session timelines

DAY 1 – FRIDAY, JUNE 16, 2023							
12-13 - Morning Session				11&Under & PARA - Afternoon Session			
Warmup: 8:00 am - Start: 9:00 am				Warmup: 1:00 pm - Start: 2:00 pm			
201	12-13	400 Medley Relay	202	205	11&U	400 Medley Relay	206
1	12	200 Free	2	17	10&U	200 Free	18
3	13	200 Free	4	19	11	200 Free	20
5	12	100 Breast	6	21	10&U	100 Breast	22
7	13	100 Breast	8	23	11	100 Breast	24
9	12	400 IM	10	401	PARA	50 Back	402
11	13	400 IM	12	25	10&U	50 Back	26
13	12	100 Fly	14	27	11	400 IM	28
15	13	100 Fly	16	29	10&U	100 Fly	30
203	12-13	400 Free Relay	204	31	11	100 Fly	32
				207	11&U	400 Free Relay	208

DAY 2 – SATURDAY, JUNE 17, 2023							
12 -13 - Morning Session				11&Under & PARA - Afternoon Session			
Warmup: 8:00 am - Start: 9:00 am				Warmup: 1:00 pm - Start: 2:00 pm			
33	12	50 Free	34	403	PARA	50 free	404
35	13	50 Free	36	53	11	50 Free	54
37	12	200 Fly	38	55	10&U	50 Free	56
39	13	200 Fly	40	57	11	200 Fly	58
41	12	100 Back	42	59	10&U	100 Back	60
43	13	100 Back	44	405	PARA	100 Back	406
45	12	400 Free	46	61	11	100 Back	62
47	13	400 Free	48	63	10&U	400 Free	64
49	12	200 Breast	50	65	11	400 Free	66
51	13	200 Breast	52	67	10&U	50 Breast	68
209	12-13	200 Medley Relay	210	407	PARA	50 Breast	408
				69	11	200 Breast	70
				211	11&U	200 Medley Relay	212
DAY 3 – SUNDAY, JUNE 18, 2023							
12 -13 - Morning Session				11&Under & PARA- Afternoon Session			
Warmup: 8:00 am - Start: 9:00 am				Warmup: 1:00 pm - Start: 2:00 pm			
213	12-13	200 Free Relay	214	215	11&U	200 Free Relay	216
71	12	200 IM	72	85	10&U	200 IM	86
73	13	200 IM	74	87	11	200 IM	88
75	12	100 Free	76	409	PARA	100 Free	410
77	13	100 Free	78	89	10&U	100 Free	90
79	12	200 Back	80	91	11	100 Free	92
81	13	200 Back	82	93	10&U	200 Back	94
83	12-13	800 Free	84	95	11	200 Back	96
				411	PARA	50 Fly	412
				97	10&U	50 Fly	98
				20-30 min break / warm-up Sunday Distance Overflow Session			
				99	11	800 Free	100

SWIM ONTARIO PERFORMANCE PARTNERS & SUPPORTERS

SUMMER 2023
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