



# 2020 GTA Skins @ Markham Pan Am Centre

Revised: **February 7, 2020**

DATE(S):	Saturday, February 15 – Sunday, February 16, 2020	Region: Central
HOSTED BY:	Milton Marlin Swim Team	
LOCATION:	Markham Pan Am Centre 16 Main Street Unionville, ON L3R 2E4	
FACILITY:	50 meter, 10 lane competition pool with electronic timing system FINA Approved Sprint Track Start Blocks	
PURPOSE:	The purpose of the meet is to provide developmental opportunities to swimmers in a world class, long course pool	
MEET PACKAGE:	The only meet package which will be considered as valid must be the most current version found on <a href="http://www.swimming.ca">www.swimming.ca</a>	
SAFETY & LIABILITY:	Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination. For additional resources click <a href="#">HERE</a> .	
	Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck.	
	<u><a href="#">Rowan's Law – Concussion Management</a></u>	
	The Rowan's Law requirements came into effect on July 1, 2019. Swim Ontario takes the health and well-being of all participants in sport and recreation activities very seriously and is committed to helping all in the Swim Ontario family succeed in swimming and other activities. Parents, coaches, officials, volunteers and swimmers all have a role to play in ensuring the safety of all participants at	

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sanctioned competitions in Ontario. We must create an environment that encourages and motivates participants to assume responsibility for their own safety and the safety of others. Until further protocols or procedures are in place, the concussion management protocol will take effect for all participants at a Swim Ontario sanctioned competition that are involved in an incident resulting in a significant impact to the head, face, neck or body. If symptoms of a possible concussion are present the participant shall be removed from any further Swim Ontario sanctioned activity until they receive Swim Ontario approval upon clearance, in writing, by a medical professional with experience in concussion treatment/protocols. For full details and resources on Rowan's Law and Concussion management protocols click [HERE](#).

#### Open and Observable Environment

Swimming Canada and Swim Ontario is dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means making meaningful and concerted efforts to avoid situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both 'open' and 'observable' to others.

#### Event Photography/Videography

In order to minimize risk, all photographs and video taken at Swimming Canada/Swim Ontario sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area. For full details click [HERE](#)

Only individuals that have made application and received authorization to record the event, in any manner, in any medium or context now known or hereafter developed, shall be granted access to the designated deck area and permission to do so. Please contact Meet Management for application and authorization.

#### COMPETITION COORDINATOR:

Kevin Wong, Level V [kevinfwong@gmail.com](mailto:kevinfwong@gmail.com)

#### MEET MANAGERS:

Todd Neff [toddnf@gmail.com](mailto:toddnf@gmail.com)  
Ralf Altenkirch [raltenkirch@rjc.ca](mailto:raltenkirch@rjc.ca)

#### OFFICIALS:

It would be appreciated if clubs could provide some officials to help with the meet. If anyone is interested in officiating, please send an email to the [coc@miltonmarlins.ca](mailto:coc@miltonmarlins.ca). Please advise if a particular position is preferred and/or if a deck evaluation is requested.

#### DESCRIPTION:

13 & over: Heats and Finals in appropriate age categories. See events list in Appendix A.

12 & under Timed finals in appropriate age categories. See events list in Appendix A.

Time standards are not required.

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**COMPETITION RULES:** Sanctioned by Swim Ontario.

All current Swimming Canada (SC) rules will be followed.

All swimmers participating in a provincially sanctioned meet shall be required to comply with swimwear rule GR 5. Click [HERE](#) to view full details. Advanced notification for exemption or for clarification of the rule, please see the Competition Coordinator.

Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed [HERE](#).

**DIVE STARTS:** As per the Facility Rules for Dive Starts, this competition will be conducted as follows:

- Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1
  - from deep end only

and/or

- In-water starts will be conducted as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.2
  - from deep end only

**RECORDS:** Swim Ontario has a completed certified pool length survey (25m and 50m pool only) for the aforementioned swimming pool and swim times achieved at this competition will be eligible for provincial or national records.

**AGE-UP DATE:** Ages submitted are to be as of February 15, 2020

**MIXED-GENDER:** The Swim Ontario statement on mixed-gender swimming is set out as follows:

- Notwithstanding Rule SW 10.1 adopted by the Technical Swimming Committee of Swimming/Natation Canada, Swim Ontario will consider requests for sanction for meets that provide for mixed gender swimming in the following circumstances:

The host seeks an exemption from the requirement to swim events in gender separated events, on the following basis:

- Due to facility or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants and, in particular, on an equitable basis for swimmers of each gender.

Mixed gender swims may also be permitted when, due to a missed swim, it is necessary for a referee to seed a swimmer in a heat of the same or shorter distance, for competitors of the opposite gender, on an exception basis.

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In spite of this rule, any swimmer who achieves a record time at any level (regional, provincial, national etc., whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.

In the event that mixed gender swims are permitted pursuant to this policy, the results must still be posted separately by the gender of swimmers.

**ELIGIBILITY:** All athletes must be registered as Competitive swimmers with SNC, or any other amateur swimming organization recognized by FINA. A valid SNC registration number is required for all Canadian swimmers, and entries without a SNC registration number will be declined entry.

Preference will be given to the host club first.

This is an invitational meet. Participation of this meet is at the full discretion of the host club. Meet Management reserves the right to further limit individual swims to 4 per session and to limit heats if necessary to keep session times to within 4.5 hours.

**FOREIGN  
COMPETITORS:**

Foreign competitors are welcome, subject to the following provisions. All foreign competitors must be registered with an amateur swimming organization recognized by FINA. All foreign swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body. All foreign swimmers and coaches must have primary residence within the province/state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the [Proof of Residence and Registration Status form](#) to Swim Ontario no later than 7 days prior to start of competition.

**ENTRY FEE:** Individual Events: \$13.00

Relay Events: \$16.00

Please make cheques payable to: Milton Marlin Swim Team

**ENTRIES:** Entries must be submitted through the SNC online entries system at [www.swimming.ca](http://www.swimming.ca) . Meet Management will not accept entries via email.

Online Entry Deadline: January 31, 2020

Changes to entries will not be accepted after January 31, 2020. After that time, fees will be calculated; no refunds will be granted for missed swims.

Swimmers may swim an unlimited number of events per session.

Entries must be submitted using provable times, recorded during the qualifying period. Swimmers with provable times recorded during the qualifying period must submit those times and not enter swimmers with “NT”.

CONVERSION: Entries should be converted to Long Course using a 2% conversion factor.

**SCHEDULE OF SESSION:**

<u>Session #</u>	<u>Date</u>	<u>Prelim/Finals</u>	<u>Warm Up</u>	<u>Start</u>	<u>Estimated Duration</u>
1A	Sat Feb 15, 2020	Prelims/Timed Finals	8:00 – 8:55 AM	9:00 AM	3 hrs.
1B	Sat Feb 15, 2020	Finals	12:30 – 12:45 PM	12:45 PM	45 mins
2	Sat Feb 15, 2020	Timed Finals	1:30 – 2:25 PM	2:30 PM	2 hrs
3A	Sun Feb 16, 2020	Prelims/Timed Finals	8:00 – 8:55 AM	9:00 AM	3 hrs
3B	Sun Feb 16, 2020	Finals	12:15 – 12:30 PM	12:30 PM	45 mins
4	Sun Feb 16, 2020	Timed Finals	1:30 – 2:25 PM	2:30 PM	2 hrs

**NOTE:** Meet management reserves the right to adjust session times and seeding based on number of subscriptions.

SCHEDULE OF EVENTS: See event list – Appendix A

**COACH’S**

REGISTRATION: Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliancy lists](#). If a coach is not on this list, meet management is obligated to enforce the SNC policy and not permit that coach to attend meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

**COACHES**

MEETING: A coaches meeting will be held at 7:30 AM at Meeting Room A – Lower Level

**SEEDING:**

Option “A” (times converted by club and/or host)

Seeding will be in order of times entered, as converted pursuant to the conversion process as per meet package, followed by swimmers entered with NT (no times).

**TIME SPLITS:**

The procedure for obtaining an 'Official Split' now requires that coaches make the request to the session referee or meet management on the “Official Split Request” form prior to the race. The split for the lead-off leg in relays will still be regarded as an official split and therefore no request by coaches is needed for relays. However, in the new 'mixed gender' relays, lead-off times/splits are not

considered "official splits" as per international practice.

Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.

**DECK ENTRIES:** Deck entries will only be accepted for swimmers who are already registered to compete.

Deck Entries are Exhibition Only. They are not eligible for scoring or awards.

Deck entries will be accepted for empty lanes only (no new heats will be created).

Swimmers entered on deck must have valid proof of SNC registration (number) as an active, registered, competitive swimmer. \$20.00 per Deck Entry

**CHECK IN AND SCRATCHES:** All swimmers are required to check in with the Clerk of Course 30 minutes prior to each swim.

Scratches are to be made at the Clerk of Course desk 30 minutes prior to the start of each session.

No scratch penalty shall be imposed for late or day of scratches. Scratches from prelims for finals must be made 30 minutes following the posting of results of respective event. Failure to participate in a finals event will result in a \$25.00 penalty.

**SCORING:** Age group and gender scoring

**AGE GROUPS FOR SCORING:** Females and Males  
10 & under  
11 – 12  
13 – 14  
15 & over

**AWARDS:** 12 & under: Medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place for the following groups: men's and women's, 10 & under, and 11-12. There are no cash awards for these groups.

13 & over: Medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place for Finals events only (50m Freestyle, 50m Backstroke, 50m Breaststroke, and 50m Butterfly) for the following groups: men's and women's, age 13-14, and 15 & over.

The following cash awards will be made based on high point total (for all events) by gender and age groups 13-14, and 15 & over:

1<sup>st</sup> - \$300  
2<sup>nd</sup> - \$200  
3<sup>rd</sup> - \$100

**MEET RESULTS:** Official Results will be posted within 48 hours of completion of the meet to [www.swimming.ca](http://www.swimming.ca)

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The meet program will be run on Hy-Tek Meet Manager.

Results will be posted as quickly as possible at the meet.

Live Results / Meet Mobile are available.

**RECORDING  
OF EVENT:**

Only individuals that have made application and received authorization to record the event in any manner, in any medium or context now known or hereafter developed shall be granted access and permission to do so. Please contact Meet Management for application and authorization.

**SAFETY &  
LIABILITY:**

Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck.

**ADDITIONAL INFO:**

Food and beverages are not permitted on deck. Glass water bottles are not permitted on deck.

**INQUIRIES:**

Meghan Whittaker (Head Coach) [headcoach@miltonmarlins.ca](mailto:headcoach@miltonmarlins.ca)  
Todd Neff (Meet Manager) [toddnf@gmail.com](mailto:toddnf@gmail.com)  
Ralf Altenkirch (Meet Manager) [raltenkirch@rjc.ca](mailto:raltenkirch@rjc.ca)

**Appendix A - Event List**

**Session 1A: Prelims/Timed Finals - 13 & Over**

**Saturday, February 15, 2020**

**Warm-up: 8:00 – 8:55 AM Start: 9:00 AM**

**NOTE: ALL lanes will be open for dive starts for the last 15 minutes of warm up.**

<b>Women</b>	<b>Event</b>	<b>Men</b>
1	13/14 50m Freestyle (Prelims)	2
3	15 & Over 50m Freestyle (Prelims)	4
5	13 /14 100m Backstroke (Timed Final)	6
7	15 & Over 100m Backstroke (Timed Final)	8
9	13 -14 200m Freestyle (Timed Final)	10
11	15 & over 200m Freestyle (Timed Final)	12
13	13/14 50m Butterfly (Prelim)	14
15	15 & Over 50m Butterfly (Prelim)	16
17	13/14 100m Breaststroke (Timed Final)	18
19	15 & Over 100m Breaststroke (Timed Final)	20
21	13/14 200m IM (Timed Final)	22
23	15 & Over 200m IM (Timed Final)	24



<b>Session 1B: Finals - 13 &amp; Over</b> <b>Saturday, February 15, 2020</b> <b>Warm-up: 12:30 – 12:45 PM Start: 12:45 PM</b>		
Women	Event	Men
1	13/14 50m Freestyle (Finals)	2
3	15 & Over 50m Freestyle (Finals)	4
13	13/14 50m Butterfly (Finals)	14
15	15 & Over 50m Butterfly (Finals)	16

<b>Session 2: Timed Finals – 12 &amp; Under</b> <b>Saturday, February 15, 2020</b> <b>Warm-up: 1:30 – 2:25 PM Start: 2:30 PM</b> <b>NOTE: ALL lanes will be open for dive starts for the last 15 minutes of warm up.</b>		
Women	Event	Men
25	10 & Under 50m Butterfly	26
27	11/12 50m Butterfly	28
29	10 & Under 100m Backstroke	30
31	11/12 100m Backstroke	32
33	10 & Under 200m Freestyle	34
35	11/12 200m Freestyle	36
37	10 & Under 50m Breaststroke	38
39	11/12 50m Breaststroke	40
41	10 & Under 100m Freestyle	42
43	11/12 100m Freestyle	44

**Session 3A: Prelims/Timed Finals – 13 & Over**

**Sunday, February 16, 2020**

**Warm-up: 8:00 – 8:95 AM Start: 9:00 AM**

**NOTE: ALL lanes will be open for dive starts for the last 15 minutes of warm up.**

<b>Women</b>	<b>Event</b>	<b>Men</b>
45	13/14 50m Breaststroke (Prelims)	46
47	15 & Over 50m Breaststroke (Prelims)	48
49	13/14 200m Backstroke (Timed Final)	50
51	15 & Over 200m Backstroke (Timed Final)	52
53	13/14 100m Butterfly (Timed Final)	54
55	15 & Over 100m Butterfly (Timed Final)	56
57	13/14 50m Backstroke (Prelims)	58
59	15 & Over 50m Backstroke (Prelims)	60
61	13/14 200m Breaststroke (Timed Final)	62
63	15 & Over 200m Breaststroke (Timed Final)	64
65	13/14 100m Freestyle (Timed Final)	66
67	15 & Over 100m Freestyle (Timed Final)	68
69	13/14 200m Butterfly (Timed Finals)	70
71	15 & Over 200m Butterfly (Timed Finals)	72

**Session 3B: Finals – 13 & Over**

**Sunday, February 16, 2020**

**Warm-up: 12:15 – 12:30 PM Start: 12:30 PM**

**NOTE: ALL lanes will be open for dive starts for the last 15 minutes of warm up.**

Women	Event	Men
45	13/14 50m Breaststroke (Finals)	46
47	15 & Over 50m Breaststroke (Finals)	48
57	13/14 50m Backstroke (Finals)	58
59	15 & Over 50m Backstroke (Finals)	60

**Session 4: Timed Finals – 12 & Under**

**Sunday, February 16, 2020**

**Warm-up: 1:30 – 2:25 PM Start: 2:30 PM**

**NOTE: ALL lanes will be open for dive starts for the last 15 minutes of warm up.**

Women	Event	Men
73	10 & Under 50m Freestyle	74
75	11/12 50m Freestyle	76
77	10 & Under 100m Breaststroke	78
79	11/12 100m Breaststroke	80-
81	10 & Under 200m IM	82
83	11/12 200m IM	84
85	10 & Under 50m Backstroke	86
87	11/12 50m Backstroke	88
89	10 & Under 100m Butterfly	90
91	11/12 100m Butterfly	92

**NOTE:** Meet management reserves the right to adjust session times and seeding based on number of subscriptions.