



# Mallards Winter LC Invitational

## Coach Communication

Latest meet information, **REVISED** Schedule, Meet Pkg., Live Results, PsycheSheet & Heat Sheets can be found on Mallards Home Page, by clicking '**Hosted Meets**' and '**Mallards Winter LC Invitational**' or [HERE](#)

### Meet Setup:

- All sessions are starting from the EAST end with heats running in 8 lanes.
- **Finals on Saturday, January 28** will swim top 10 swimmers, A Finals only.

### Backstroke Ledges:

- Available for 13&O Backstroke events.
- Installed in Lane 1 during warm up periods for Sessions #2, #4 and #6, when dive lanes are opened.
- For Warm Up Schedule, Click [HERE](#)

### 800 m Freestyle:

- Open to 11 yrs & Over swimmers.
- Due to staffing challenges, lap counting will **not** be provided by officials.
- Lap counters will be available for teams to use to lap count for their swimmers. **Please inform MM, Bonita Tenn if you wish to borrow a lap counter during the 800m Free event.**

### Relays:

- Relay cards are available at the Clerk of Course table during warm up for verification and or name changes.
- **NOTE\*\*** Deadline for submitting relay cards is 30 min. after the start of the session. Once submitted, no name changes will be permitted.

### Prelim Results:

- Results will be posted on the EAST wall and at the Clerk of Course table.

### Scratch Policy for 13 & Over Final Events:

- **Finals will swim TOP 10 swimmers, A Finals only.**
- **Deadline is 30 minutes following the completion of the last preliminary event results on Saturday, Jan. 28, for Events 29/30, 100 m Fly.**
- Only coaches may scratch swimmer(s) from a Final event.
- Scratches must be made on official scratch forms, to the COC.
- One scratch form required per scratch per event.
- Failure to scratch before the deadline or failure to participate in a final event will result in a \$30 fine for each offense.

### Official Split Request Procedure:

- Complete OFFICIAL SPLIT REQUEST form (available from COC desk) and submit to MM or Session Referee before the start of the session.



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### Awards:

- Final Events: The top three swimmers of each Final event will proceed to the podium, immediately after the race to receive their award.
- Awards for all other events will be available for pick up by coaches after the meet.

### DQ Notification:

- By announcement over the PA system.
- Any queries shall be directed to the Session Referee.

Looking forward to an exciting weekend of competition!

Thank you for your support and all the best to your swimmers.

See you on deck soon,  
Mallards Meet Management Team

## 2023 Mallards Winter LC Invitational

SESSION		WARM UP	SPRINT LANES	START
# 1	Friday – All Ages	4:00 PM – 4:45 PM	<b>4:25 PM</b>	4:50 PM
# 2	SATURDAY - 13 & Over	7:30 AM – 8:15 AM	<b>7:55 AM</b>	8:20 AM
# 3	SATURDAY - 12 & Under	11:40 PM – 12:25 PM	<b>12:05 PM</b>	12:30 PM
# 4	SATURDAY - Finals	4:40 PM – 5:20 PM	<b>5:00 PM</b>	5:30 PM
# 5	SUNDAY - 12 & Under	8:00 AM – 8:45 AM	<b>8:25 AM</b>	8:50 AM
# 6	SUNDAY - 13 & Over	12:20 PM – 1:05 PM	<b>12:45 PM</b>	1:10 PM

**SPRINT LANES:** Lane #0 and #9, EAST END ONLY.

**BACKSTROKE LEDGE:** Sessions #2, #4 and #6, in Lane #1, EAST END ONLY, when sprint lanes are open