

2024 Mississauga Open

Brief Meet Information

MEET NAME	2024 Mississauga Open
DATE(s):	December 13 - 15, 2024
HOSTED BY:	Mississauga Aquatic Club
LOCATION:	Etobicoke Olympium, 590 Rathburn Rd, Etobicoke, ON, M9C 3T3
FACILITY:	25M, Dual Pool
PURPOSE & DESCRIPTION:	To provide racing opportunities Invitational Age Group Meet – 12 & Under, and 13 & Over, <ul style="list-style-type: none"> • No qualifying standards All 400's & 800's will be timed finals • 12 & Under events will be timed finals • 13 & Over events will have Prelims and A/B Finals (top 16) • Finals will swim youngest to oldest • Meet Management reserves the right to cancel heats in finals for any less than 6 swimmers
MEET PACKAGE:	The only meet package which will be considered as valid must be the most current version found on www.swimming.ca and the Swimming Canada Registration and Event Management System (REMS).
LAST UPDATE:	December 9, 2024, November 27, 2024

Competition Organizing Committee

ROLE	NAME	EMAIL	LEVEL
COMPETITION COORDINATOR(S):	Bernard Richard	brichard5412yyz@gmail.com	IV
MEET MANAGER(S):	Cassey Tan Michael Connors	cassey.tan@gmail.com connormd@hotmail.com	
OFFICIALS COORDINATOR:	Lori Maggisano	lmaggisano@rogers.com	

Safety at Competitions

Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination.

Only Swimming Canada registered active participants (swimmers, officials, certified coaches and support staff for the meet), facility personnel and authorized Swim Ontario personnel are allowed on deck during the competition.

All participants in this event are reminded that they are bound by Swimming Canada and Swim Ontario Policies and Procedures, including but not limited to, Swimming Canada's General Code of Conduct, their Equity, Diversity and Inclusion Policy, their Harassment Policy and the [Swim Ontario Code of Conduct procedure](#) For more information regarding the [Swim Ontario Policies and Procedures](#) or Safe Sport please visit the Swim Ontario website <https://www.swimontario.com/sport-safety> or www.swimming.ca/safesport

The [Swim Ontario Concussion Management](#) & [Swimming Canada Event Photography and Videography](#) and Swim Ontario Event Photography procedures will be in effect. For complete details click [HERE](#).

Every club and its participants are responsible for ensuring all facility rules and requirements are followed.

Competition Rules

Sanctioned as an Age Group Swimming Invitational by Swim Ontario.

All current [Swimming Canada rules](#) will be followed.

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Ontario provided the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

Please note that [Swimming Canada Competition Warm-Up Safety Procedures](#) and Swim Ontario warm-up safety rules will be in effect. Details [HERE](#)

AGE UP DATE:	The competitor's age is as the first day of the competition December 13, 2024
DIVE STARTS:	<p>As per the Facility Rules for Dive Starts, this competition Starts will be conducted as follows:</p> <p><input checked="" type="checkbox"/> from Starting Platforms (blocks) as per World Aquatics II.4.1 and II.16.1.4 from</p> <p><input checked="" type="checkbox"/> both ends</p>
d/DEAF AND HARD OF HEARING ACCOMMODATION:	<p>This competition can provide the following accommodations for swimmers who are d/Deaf and Hard of hearing:</p> <ul style="list-style-type: none"> • non-verbal instruction provided by a support person from the swimmer's own club, who is registered in the REMS as support staff. • Visual Start hand signals given by the starter/referee. • Visual Start Strobe Light options was <p><input checked="" type="checkbox"/> Facility-Provided Strobe Light: An external strobe light is available at this facility</p> <p>Clubs are to contact Meet Management by the <u>Entry Deadline</u> of the need for accommodations. Support Staff must be included in the submission of entries process.</p> <p>Support Staff must have active REMS registration and be included in the club's event entry. Those not listed in the entry submission will be denied deck access.</p>

Eligibility

All athletes must be registered as **Competitive** swimmers with Swimming Canada and possess a valid Swimming Canada registration number. Entries submitted without a valid registration number and active status in the Swimming Canada Registration and Event Management System (REMS) at the time of the competition will be denied entry. It is the responsibility of the swimmer's club to provide proof of active registration status in REMS.

ADDITIONAL ELIGIBILITY INFORMATION:	Preference will be given to the host club first. Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.0 hours.
COACH & SUPPORT STAFF REGISTRATION:	<p>Meet management will cross reference the list of coaches submitted with entries at this competition with the Swim Ontario Compliance lists. If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.</p> <p>Swimmers must have a coach or designated coach (coach representative) in attendance during the meet including warm-up sessions.</p> <p>Clubs needing Support Staff for Para or d/Deaf/Hard of Hearing swimmers must register them in the Swimming Canada Registration and Event Management System (REMS) to access the deck at competitions. Support Staff must have active REMS registration and be included in the club's event entry. Those not listed in the entry submission will be denied deck access.</p>
FOREIGN TEAMS / COMPETITORS:	Swimmers registered as active with a Swimming Canada ID are considered domestic. Foreign Teams' / competitors' entries will not be accepted by the host club.

Entry Process

ENTRY SUBMISSIONS:	<p>Entries must be submitted through the Swimming Canada Registration and Events System (REMS) and must include all attending coaches and support staff. Meet management will:</p> <ul style="list-style-type: none"> ● not accept entries via email; ● notify clubs within 48 hours of the online entry deadline regarding any rejected entries or required changes to entries; ● notify clubs of any meet format changes or designated warm-up times at least 5 days (for TIER II sanctions) and 10 days (for TIER III & IV sanctions) prior to the start of the competition <p>Failure to inform meet management of a no-show / scratch prior to the deadline for changes to entries will result in loss of entry fees.</p> <p>Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.0 hours.</p>
ENTRY DEADLINE:	<p>The online entry deadline is November 25, 2024, 5PM ET</p> <p><input checked="" type="checkbox"/> Changes to entries will be accepted until <i>December 6, 2024, 5PM ET</i></p>
ENTRY FEE:	<p>The following fees will apply for this competition:</p> <ul style="list-style-type: none"> ● Individual Events: \$15.00 for events 200M and shorter, \$20.00 for 400M and 800M events. ● Relay Events: \$25.00 ● Swimmer Splash Fee: \$10.00 <p>Payment Method: Please make cheque payable to “Mississauga Aquatic Club” or by e-transfer to susanne@mississaugaswimming.com .</p>
ENTRY LIMITS:	<p>The following limits are in place for this competition:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> The maximum number of participants per session is 450 <input checked="" type="checkbox"/> The maximum number of entries per swimmer is 3 events/session <input checked="" type="checkbox"/> The maximum number of relays per club is 2 teams/session
RELAY ENTRIES:	<p>Teams may move up no more than two (2) swimmers from a younger age category to fill a relay. A mixed relay must have 2 girls and 2 boys. No other combination is allowed. The first leg of a mixed relay is not an official time. Requests for official splits are not allowed for mixed relays.</p> <p><input checked="" type="checkbox"/> Relay swimmers must be entered in a non-relay event in order to compete.</p>
ENTRY TIMES & CONVERSION:	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> No Time (NT) entries are not permitted. <input checked="" type="checkbox"/> Entry Times can be converted (i.e. LCM to SCM) <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Times will be converted by meet management to SCM <input checked="" type="checkbox"/> Entries must be submitted using times recorded by the swimmer. No estimates

Schedule of Sessions

Session #	Date	Pool	Warm-up period	Start of session	Approx. Finish of session	Time Final/Heats /Finals
1	Dec 13	Shallow	16:00 - 16:50	17:00	21:00	Time Final
2	Dec 13	Deep	16:00 - 16:50	17:00	21:00	Time Final
3	Dec 14	Deep	08:00 - 08:25 08:30 - 08:55	9:00	11:55	Heats
4	Dec 14	Shallow	08:00 - 08:25 08:30 - 08:55	9:00	11:55	Heats
5	Dec 14	Deep	12:00 - 12:30 12:35 - 13:05	13:15	17:30	Time Final
6	Dec 14	Shallow	12:00 - 12:30 12:35 - 13:05	13:15	17:30	Time Final
7	Dec 14	Shallow	17:35 - 18:20	18:30	20:45	Finals
8	Dec 15	Deep	08:00 - 08:25 08:30 - 08:55	9:00	12:00	Heats
9	Dec 15	Shallow	08:00 - 08:25 08:30 - 08:55	9:00	12:00	Heats
10	Dec 15	Deep	12:05 - 12:35 12:40 - 13:10	13:15	17:00	Time Final
11	Dec 15	Shallow	12:05 - 12:35 12:40 - 13:10	13:15	17:00	Time Final
12	Dec 15	Shallow	17:30 - 17:50	18:00	19:30	Finals

Meet Format & Administration

MIXED- GENDER:	<p>An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event.</p> <p>In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee ensures that the swimmer competes with competitors of the same gender for his/her heat.</p> <p>In the event that mixed gender swims are permitted, the results must still be posted separately by gender of swimmers.</p>
SEEDING:	<p>After all times are converted as pursuant to the conversion process:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Seeding for Timed Final events will be in order of entry times, slowest to fastest. Swimmers entered with NT (no time) will be seeded last. <ul style="list-style-type: none"> <input checked="" type="checkbox"/> with the exception of Distance Events (400 IM, 400 FR, 800 FR) which will be seeded fastest to slowest. <input checked="" type="checkbox"/> Non conforming times will be seeded last <ul style="list-style-type: none"> <input checked="" type="checkbox"/> SCM then LCM
DECK ENTRIES:	<p>All accepted Deck Entries are Exhibition Only and are not eligible for scoring or awards. No new heats will be created for deck entries (only empty lanes, if available). The following are the Deck Entry Rules for this competition:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Only event deck entries are permitted for swimmers already entered in the competition. <input checked="" type="checkbox"/> Fee: \$20.00 for events 200M and shorter. \$25.00 for 400M, 800M events and Relays

RELAY NAME SUBMISSION:	<p>Relay Cards or Forms must be returned to the Admin Desk.</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Relay Cards are available at Admin Desk <input checked="" type="checkbox"/> Relay Card submission deadline is 30 minutes prior to the start of the session in which the relay will be swum. No relay name changes will be accepted after this deadline unless approved by meet management.
SCRATCHES & POSITIVE CHECK IN RULES:	<p>The following are the Scratch deadlines for this competition.</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> A scratch deadline will apply for finals events: <ul style="list-style-type: none"> <input checked="" type="checkbox"/> 30 minutes following the posting of results of last preliminary event in that session <p>The following are the Positive Check-in deadlines for this competition.</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> There is a positive check-in 30 minutes before the start of the session at the Admin Desk for the following events: 400M and 800M distance events <input checked="" type="checkbox"/> All swimmers are required to check-in with the Admin Desk 30 minutes prior to each <u>finals</u> session.
PENALTIES:	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Failure to positive check-in by the deadline will result in the removal of the swimmer from that event <input checked="" type="checkbox"/> Failure to participate in an event with a scratch or positive check-in deadline will results in following penalty: <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Fee: \$50 fine for each offense (payable to Mississauga Aquatic Club), applies to initially named finalists and alternates for all 'Final' events, and all distance time finals (400m/800m).
OFFICIAL SPLIT TIMES:	<p>Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee at least 30 minutes prior to the commencement of the session in which the event will take place.</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Official Split Forms are available at the Admin Desk. <input checked="" type="checkbox"/> Not all Official Split requests can be accommodated. <input checked="" type="checkbox"/> Official Splits will be subject to a \$5.00 Surcharge to be paid immediately at Admin Desk upon confirmation
SWIM OFFS:	<p>This competition offers preliminary events.</p> <ul style="list-style-type: none"> • All swim-offs are to be run during or at the end of the session in which the tie occurred at a time mutually agreed upon by coaches and officials. • Coaches are to report to the Admin Desk when a swim-off is announced.
RECORDS:	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Swim times achieved at this competition will be eligible for Provincial and National Records. Swim Ontario has a certified pool length survey for the aforementioned swimming pool.
MEET RESULTS:	<p>Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Unofficial mobile applications results will be available. <input checked="" type="checkbox"/> Unofficial Live Results will be available.
SCORING:	No Scoring
AWARDS:	<p>The following will be awarded:</p> <p><i>Individual Events:</i></p> <ul style="list-style-type: none"> • Medals 1st – 3rd <ul style="list-style-type: none"> ◦ 10&Under, 11-12 • Medals 1st – 3rd <ul style="list-style-type: none"> ◦ 13-14, 15 & Over <p><i>Relay Events:</i></p> <ul style="list-style-type: none"> • Medals 1st – 3rd <ul style="list-style-type: none"> ◦ Girls & Boys: 12 & Under, 13 & Over <p>Awards will not be mailed. Coaches must pick them up at the end of the meet</p>

Schedule of Events

Session 1 Friday December 13, 2024 Shallow End - Timed Final Warm-up: 16:00 - 16:50			Session 2 Friday December 13, 2024 Deep End - Timed Final Warm-up: 16:00 - 16:50		
Women	Open	Men	Women	Open	Men
1	400 Free			400 Free	2
3	800 Free			800 Free	4

Session 3 Saturday December 14, 2024 Prelim (Events 5-18) Time Final (Event 19) Deep End Warm-up: 8:00			Session 4 Saturday December 14, 2024 Prelim (Events 5-18) Time Final (Event 20) Shallow End Warm-up: 8:00		
Women	13 & Over	Men	Women	13 & Over	Men
5	100 Fly			100 Fly	6
7	200 Back - Fastest 6 Heats		7	200 Back - Slowest 5 Heats	
9	50 Breast			200 Back	8
11	200 IM			50 Breast	10
13	50 Back			200 IM	12
15	100 Free			50 Back	14
17	200 Breast			100 Free	16
49	4 x 50 FR Relay			200 Breast	18

Session 5 Saturday December 14, 2024 Time Final Deep End Warm-up: 12:00			Session 6 Saturday December 14, 2024 Time Final Shallow End Warm-up: 12:00		
Women	12 & Under	Men	Women	12 & Under	Men
101	100 Fly		101	100 Fly	
103	200 Back			100 Fly	102
105	50 Breast			200 Back	104
107	200 IM			50 Breast	106
109	50 Back			200 IM	108
111	100 Free			50 Back	110
113	200 Breast			100 Free	112

Session 7 Saturday December 14, 2024 Finals Shallow End Warm-up: 17:30		
Women	13 & Over	Men
5	100 Fly	6
7	200 Back	8
9	50 Breast	10
11	200 IM	12
13	50 Back	14
15	100 Free	16
17	200 Breast	18

Session 8 Sunday December 15, 2024 Prelim (21-32), Time Final (33-36) Deep End Warm-up: 8:00			Session 9 Sunday December 15, 2024 Prelim (21-32), Time Final (33-36) Shallow End Warm-up: 8:00		
Women	13 & Over	Men	Women	13 & Over	Men
	100 Back	22	21	100 Back	
	200 Free	24	23	200 Free	
	50 Fly	26	25	50 Fly	
	50 Free	28	27	50 Free	
	100 Breast	30	29	100 Breast	
	200 Fly	32	31	200 Fly	
	4 x 50 Medley	34	33	4 x 50 Medley	
	400 IM	36	35	400 IM	

Session 10 Sunday December 15, 2024 Deep End Warm-up: 12:30 3 Pools For Warmup			Session 11 Sunday December 15, 2024 Shallow End Warm-up: 12:30 3 Pools for Warmup		
Women	12 & Under	Men	Women	12 & Under	Men
	4x50 Free	446	445	4x50 Free	
	100 Back	118	117	100 Back	
119	200 Free	119	119	200 Free	
	200 Free	120	121	50 Fly	
	50 Fly	122	123	50 Free	
	50 Free	124	125	100 BR	
	100 BR	126	127	200 Fly	
	200 Fly	128	129	4 x 50 Medley	

Session 12 Sunday December 15, 2024 Shallow End Warm-up: 17:30		
Women	13 & Over	Men
21	100 Back	22
23	200 Free	24
25	50 Fly	26
27	50 Free	28
29	100 Breast	30
31	200 Fly	32