

# 2022 MSSAC Open

Rev.1 – Added **50 Back** to sessions 2, 3 & 4 and renumbered following events.

<b>DATE(s):</b>	December 9-11, 2022		<b>REGION:</b>	Central	
<b>HOSTED BY:</b>	Mississauga Aquatic Club				
<b>LOCATION:</b>	Etobicoke Olympium 590 Rathburn Road, Etobicoke, ON M9C 3T3				
<b>FACILITY:</b>	1 x 25 metre, 8 lane competition indoor pool with electronic timing				
<b>PURPOSE &amp; DESCRIPTION:</b>	<p>To provide racing opportunities            Invitational Age Group Meet – 12 &amp; Under, and 13 &amp; Over, No qualifying standards            All 400's &amp; 800's will be timed finals            12 &amp; Under events will be timed finals            13 &amp; Over events will have Prelims and A/B Finals (top 16)            Finals will swim youngest to oldest            Meet Management reserves the right to cancel heats in finals for any less than 6 swimmers</p>				
<b>MEET PACKAGE:</b>	The only meet package which will be considered as valid must be the most current version found on <a href="http://www.swimming.ca">www.swimming.ca</a>				
<b>COMPETITION COORDINATOR:</b>	Richard Chan	<b>Level:</b>	V		
	If Level 3+ is serving as CC, please indicate that ROR/Swim Ontario approval has been granted <input type="checkbox"/>				
<b>MEET MANAGER:</b>	Michael Connors	<b>Email:</b>	connormd@hotmail.com		
<b>SAFETY AT COMPETITION:</b>	Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe, welcoming and inclusive sport environment that is free of abuse, harassment and discrimination. The <a href="#">Swim Ontario Concussion Management</a> & <a href="#">Swimming Canada Event Photography</a> procedures will be in effect. For complete details click <a href="#">HERE</a> . Every club and its participants are responsible for ensuring all facility rules and requirements are followed.				
<b>COMPETITION RULES:</b>	<b>Sanctioned by Swim Ontario.</b>				
	All current Swimming Canada rules will be followed. All swimmers participating in a provincially sanctioned meets shall be required to comply with swimwear rule GR 5. Click <a href="#">HERE</a> to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator. Please note that <a href="#">Swimming Canada Competition Warm-Up Safety Procedures</a> will be in effect. As per the Facility Rules for Dive Starts, this competition will be conducted as follows				
	FINA FR 2.3 and SW 4.1, Swimming Canada CFR 2.3.1, CSW 4.1.1 & 4.1.2	<input checked="" type="checkbox"/>	Starting Platforms at	Shallow end of pool	
		<input type="checkbox"/>	Deck or Bulkhead at		
<input type="checkbox"/>		In-Water at			
<b>ELIGIBILITY:</b>	All athletes must be registered as Competitive swimmers with Swimming Canada. All athletes must be registered as Competitive swimmers with Swimming Canada and have a valid Swimming Canada registration number. Entries without a valid Swimming Canada registration number and registered status will be declined entry. This is an invitational meet. Participation of this meet is at the full discretion of the host club.				
	This event includes participants from the following clubs:		All Clubs		
	<input checked="" type="checkbox"/>	Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.0 hours. 800 Free			

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		may be swam 2 per lane.			
<b>FOREIGN COMPETITORS:</b>	<input checked="" type="checkbox"/>	Foreign competitors are welcome, subject to the following provisions. All foreign competitors must be registered with an amateur swimming organization recognized by FINA. All foreign swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body. All foreign swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the <a href="#">Proof of Residence and Registration Status form</a> to Swim Ontario no later than 7 days prior to start of competition.			
<b>AGE UP DATE:</b>	Ages submitted are to be as		December 9, 2022		
<b>ENTRY LIMITS:</b>	The maximum number of participants per session is		400		
	Each club is limited to the following number of swimmers				
	The maximum number of entries per swimmer per session exclude relay event is		3		
<b>ENTRY SUBMISSIONS:</b>	Entries must be submitted through the Swimming Canada online entries system at <a href="http://www.swimming.ca">www.swimming.ca</a> . Meet Management will not accept entries via email.				
	Entries must include all attending coaches.				
	<input checked="" type="checkbox"/>	NT entries are not permitted			
	<input checked="" type="checkbox"/>	Entries must be submitted using provable times, recorded during the qualifying period. Swimmers with provable times recorded during the qualifying period must submit those times and not enter swimmers with "NT".			
<b>CONVERSION:</b>	<input checked="" type="checkbox"/>	Entry times can be converted.			
<b>ENTRY DEADLINE:</b>	<b>Thursday December 1, 2022</b>				
	Changes to entries will be accepted until			<b>Monday December 5, 2022 at NOON</b>	
<b>ENTRY FEE:</b>	<input checked="" type="checkbox"/>	Individual Events	\$15.00 (50m to 200m) \$20.00 (400m and 800m)	Relay Events	\$20.00
	Payment Method:		Please make cheque payable to "Mississauga Aquatic Club" or by e-transfer to <a href="mailto:susanne@mississaugaswimming.com">susanne@mississaugaswimming.com</a>		
<b>COACH'S REGISTRATION:</b>	Meet management will cross reference the <b>list of coaches submitted with entries</b> at this competition with the <a href="#">Swim Ontario Compliance lists</a> . If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.				
<b>SEEDING:</b>	<input checked="" type="checkbox"/>	Seeding will be in the following order: Heats will be seeded slowest to fastest except in 400IM, 400 Free, and 800 Free seeded fastest to slowest. 800s will swim alternate gender. All entries must be submitted using short course times in meters (SCM). Please use Hy-Tek default conversion factor to convert LCM times to SCM times before submitting entries.			
	<input checked="" type="checkbox"/>	Preliminary heat events will be seeded as per SW3.1 with fastest 3 heats circle seeded.			

<b>MIXED-GENDER:</b>	<p>An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event.</p> <p>In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.</p> <p>In the event that mixed gender swims are permitted, the results must still be posted separately by gender of swimmers.</p>	
	<input checked="" type="checkbox"/>	Scratches are to be made at the clerk of course desk 30 minutes prior to the start of each session.
	<input checked="" type="checkbox"/>	There is a positive check in 30 minutes before the start of the session at the Clerk of Course for the following events: 400 and 800 Free
	<input checked="" type="checkbox"/>	A scratch deadline will apply for finals.
	<input checked="" type="checkbox"/>	30 minutes following the posting of results of last event of prelims sessions
<b>PENALTIES:</b>	<input checked="" type="checkbox"/>	No scratch penalty shall be imposed for late or day of scratches or No-Shows
<b>DECK ENTRIES:</b>	<input checked="" type="checkbox"/>	Deck Entries are Exhibition Only. They are not eligible for scoring or awards. Deck entries will be accepted for empty lanes only (no new heats will be created).
	<input checked="" type="checkbox"/>	Swimmer Deck Entries are permitted provided proof of registered status with valid Swimming Canada ID is provided to Meet Management.
	<input checked="" type="checkbox"/>	Fee \$ 20 (individual), \$ 25 (relay)
<b>OFFICIAL SPLIT TIMES:</b>	<input checked="" type="checkbox"/>	Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session in question.
<b>RECORDS:</b>	<input checked="" type="checkbox"/>	Swim Ontario has a completed certified pool length survey (25m and 50m pool only) for the aforementioned swimming pool and swim times achieved at this competition will be eligible for provincial or national records.
<b>MEET RESULTS:</b>	Official Results will be posted within 48 hours of completion of the meet to <a href="http://www.swimming.ca">www.swimming.ca</a>	
	<input checked="" type="checkbox"/>	The meet program will be run on Hy-Tek Meet Manager.
	<input checked="" type="checkbox"/>	Live Results / Meet Mobile are available.
<b>SCORING:</b>	<input checked="" type="checkbox"/>	No Scoring
<b>AWARDS:</b>	<input checked="" type="checkbox"/>	<p>The following will be awarded:</p> <ul style="list-style-type: none"> <li>• Individual Events: Medals 1st – 3rd, Ribbons 4th – 8th <ul style="list-style-type: none"> <li>• Girls &amp; Boys: 10&amp;Under, 11-12, 13-14, 15&amp;Over</li> </ul> </li> <li>• Relay Events: Medals 1st – 3rd <ul style="list-style-type: none"> <li>• Girls &amp; Boys: 12&amp;Under, 13&amp;Over</li> </ul> </li> </ul> <p>Awards will not be mailed. Coaches must pick them up at the end of the meet</p>

## SCHEDULE OF SESSIONS:

Session	Date	Age Group	Warm Up	Start	Est. Finish	Est. Duration
1	Friday	Open	4:00 – 5:55PM	5:00 PM	9:00 PM	4.0 hours
2	Saturday Prelims	13&O	7:00 – 7:55 AM	8:00 AM	12:00 PM	4.0 hours
3	Saturday Afternoon	12&U	12:00 – 12:55 PM	1:00 PM	5:00 PM	4.0 hours
4	Saturday Finals	13&O	5:00 - 5:55 PM	6:00 PM	8:00 PM	2.0 hours
5	Sunday Prelims	13&O	7:00 – 7:55 AM	8:00 AM	12:00 PM	4.0 hours
6	Sunday Afternoon	12&U	12:00 – 12:55 PM	1:00 PM	5:00 PM	4.0 hours
7	Sunday Finals	13&O	5:00 - 5:55 PM	6:00 PM	8:00 PM	2.0 hours

## SCHEDULE OF EVENTS:

Session 1 - Timed Finals Friday, December 9, 2022 Warm-up: 4:00 PM -- Start: 5:00 PM		
<b>Women</b>	<b>OPEN</b>	<b>Men</b>
1	400 Free	2
3	800 Free	4

Session 2 – Prelims (Events 5- 16), Timed Finals (Events 17 & 18) Saturday, December 10, 2022 Warm-up: 7:00 AM -- Start: 8:00 AM		
<b>Women</b>	<b>13 &amp; Over</b>	<b>Men</b>
5	100 Fly	6
7	200 Back	8
9	50 Breast	10
11	200 IM	12
13	50 Back	14
15	100 Free	16
17	200 Breast	18
19	4 x 50 Free Relay	20

## 2022 MSSAC Open

Session 3 – Timed Finals Saturday, December 10, 2022 Warm-up: 12:00 PM -- Start: 1:00 PM		
Women	12 & Under	Men
101	100 Fly	102
103	200 Back	104
105	50 Breast	106
107	200 IM	108
109	50 Back	110
111	100 Free	112
113	200 Breast	114
115	4 x 50 Free Relay	116

Session 4 - Finals Saturday, December 10, 2022 Warm-up: 5:00 PM -- Start: 6:00 PM		
Women	13 & Over	Men
5	100 Fly	6
7	200 Back	8
9	50 Breast	10
11	200 IM	12
13	50 Back	14
15	100 Free	16
17	200 Breast	18

Session 5 - Prelims (Events 19-30), Timed Finals (Events 31-34) Sunday, December 11, 2022 Warm-up: 7:00 AM -- Start: 8:00 AM		
Women	13 & Over	Men
21	100 Back	22
23	200 Free	24
25	50 Fly	26
27	50 Free	28
29	100 Breast	30
31	200 Fly	32
33	4 x 50 Medley Relay	34
35	400 IM	36

## 2022 MSSAC Open

Session 6 – Timed Finals Sunday, December 11, 2022 Warm-up: 12:00 PM -- Start: 1:00 PM		
Women	12 & Under	Men
117	100 Back	118
119	200 Free	120
121	50 Fly	122
123	50 Free	124
125	100 Breast	126
127	200 Fly	128
129	4 x 50 Medley Relay	130

Session 7 - Finals Sunday, December 11, 2022 Warm-up: 5:00 PM -- Start: 6:00 PM		
Women	13 & Over	Men
21	100 Back	22
23	200 Free	24
25	50 Fly	26
27	50 Free	28
29	100 Breast	30
31	200 Fly	32