

***2019  
TOP CUP  
LC***

***May 11<sup>th</sup> & 12<sup>th</sup>***

***at the  
ETOBICOKE OLYMPIUM***

***Hosted by***



***Where Our Tiny Olympic Prospects Begin***

# ***2019 TOP CUP LC***

- Date:** May 11 - 12, 2019
- Hosted By:** Etobicoke Swim Club
- Location:** Etobicoke Olympium  
590 Rathburn Road  
Toronto, Ontario
- Facility:** One 8-Lane 50 metre competition pool with Swiss Timing electronic timing.
- Meet Package:** The only meet package which will be considered as valid must be the most current version found on [www.swimming.ca](http://www.swimming.ca)
- Meet Manager:** Romeo Marra and Roman Masley                      [ewim.meetmanager@gmail.com](mailto:ewim.meetmanager@gmail.com)
- Competition Coordinator:** Clarissa Salinas Moldawa, Referee Certification Level V
- Competition Rules:** Sanctioned by Swim Ontario. All current Swimming Canada (SNC) rules will be followed. Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed [HERE](#).
- Swimwear:** All swimmers participating in a provincially sanctioned meet shall be required to comply with swimwear rule GR 5. Click [HERE](#) to view full details. Advanced notification for exemption or for clarification of the rule, please see the Competition Coordinator.
- Dive Starts:** As per the Facility Rules for Dive Starts, dive starts will be conducted from Starting Platforms (blocks) from both ends as per FINA 2.3 and SW 4.1.
- Eligibility:** All athletes must be registered as Competitive swimmers with SNC, or any other amateur swimming organization recognized by FINA.  
A valid SNC registration number is required for all Canadian swimmers, and entries without a SNC registration number will be declined entry.
- Qualifying:** Qualifying Standards attached. Please submit LC times.  
Default Hy-tek Conversions accepted.  
Qualifying Period Starts Sept. 1, 2015.
- Entries:** Entries must be submitted through the SNC online entries system at [www.swimming.ca](http://www.swimming.ca)  
Meet Management will not accept entries via email.  
**Online entry deadline: Friday April 26, 2019.**  
Changes accepted until **Friday May 3, 2019**, at which time fees will be calculated.
- Entry Fees:** \$20.00 per athlete – unlimited events  
All costs include HST #125328625 and Gold Bonus.  
Please make cheques payable to ETOBICOKE SWIM CLUB
- Seeding:** Seeding will be in order of times entered. NT (no times) will not be accepted.

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**Session Times:** Saturday Warm-up: 5:15pm Start: 6:00pm  
Sunday Warm-up: 5:45pm Start: 6:30pm

**Age Groups:** A competitor's age is their age as of the first day of the competition.  
Separate age groups for 10 years and 9 years.

**Mixed-Gender:** The host seeks an exemption from the requirement to swim events in gender separated events, on the following basis:

Due to facility or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants, and in particular on an equitable basis for swimmers of each gender.

Mixed gender swims may also be permitted when, due to a missed swim, it is necessary for a referee to seed a swimmer in a heat of the same or shorter distance, for competitors of the opposite gender, on an exception basis.

In spite of this rule, any swimmer who achieves a record time at any level (regional, provincial, national etc., whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.

In the event that mixed gender swims are permitted pursuant to this policy, the results must still be posted separately by the gender of swimmers.

**Official Splits:** The procedure for obtaining an 'Official Split' now requires that coaches make the request to the session referee or meet management on the "Official Split Request" form prior to the race. The split for the lead-off leg in relays will still be regarded as an official split and therefore no request by coaches is needed for relays. However, in the new 'mixed gender' relays, lead-off times/splits are not considered "official splits" as per international practice.  
Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.

**Format:** All events are Time Finals.  
Separate age groups for 10 years and 9 years.  
All scratches to be made on the posted Heat Sheets without penalty.

**Deck Entries:** Deck Entries are Exhibition Only. They are not eligible for scoring or awards. Deck entries will be accepted for empty lanes only (no new heats will be created) at the discretion of the Meet Manager and Competition Coordinator. Swimmers entered on deck must have valid proof of SNC registration as an active, registered, competitive swimmer.

**Scratches:** Scratches are to be submitted to the Clerk of Course 30 minutes after the commencement of warm-up.  
No scratch penalty shall be imposed for late or day-of scratches.

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- Awards:** Medals for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> and ribbons for 4<sup>th</sup> through 8<sup>th</sup> for all individual events.  
Medals for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> for all relay events  
Individual High Points for each age group  
Top Team and Small Team (1-10 swimmers)
- Scoring**
- |                                       |   |
|---------------------------------------|---|
| Individual High Point                 | 5-2-1                                   |
| Team High Point for Individual Events | 30-25-20-15-14-13-12-11-9-7-6-5-4-3-2-1 |
| Team High Point for Relay Events      | 30-25-20-15-14-13-12-11                 |
- Live Results:** [www.eswim.ca](http://www.eswim.ca)
- Records:** Times achieved at this meet are not eligible for provincial and national records.
- Coach's Registration:** The Swimming Canada coach registration policy states that all coaches attending any sanctioned competition must have a minimum NCCP coaching status. Swim Ontario has created a coach compliant list. All teams must submit a list of coaches attending at the time of entry. Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliancy lists](#). If a coach is not on this list, meet management is obligated to enforce the SNC policy and not permit that coach to attend meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.
- Meet Results:** Official Results will be posted within 48 hours of completion of the meet to [www.swimming.ca](http://www.swimming.ca)  
The meet program will be run on Hy-Tek Meet Manager.  
Results will be posted as quickly as possible at the meet.  
Meet Mobile is available.
- Safety & Liability:** Only Competitors, Certified Registered Coaches and Officials are allowed on deck. No other person is permitted on deck unless expressly authorized by the Meet Manager.  
Insurance and risk management do not extend to non-supervised minors or individuals that are age of majority that are not part of the competition either as a participant, coach, support staff or event volunteer/official.
- Recording Event:** Only individuals that have made application and received authorization to record the event, in any manner, in any medium or context now known or hereafter developed, shall be granted access and permission to do so. Please contact Meet Manager for application and authorization.

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## **Order of Events**

***SATURDAY, MAY 12<sup>th</sup>, 2018***

***Qualifying Times Listed Under Event Number***

<b><i>Warm-up: 5:15 pm</i></b>		<b><i>Start: 6:00 pm</i></b>		
Event	10-Yr Old Girls	10-Yr Old Boys	9-Yr Old Girls	9-Yr Old Boys
200 I.M.	1 <b>3:16.0</b>	2 <b>3:22.00</b>	3 <b>3:45.0</b>	4 <b>3:55.0</b>
50 BREAST	5 <b>49.0</b>	6 <b>52.0</b>	7 <b>58.0</b>	8 <b>1:00.0</b>
100 BACK	9 <b>1:34.0</b>	10 <b>1:36.0</b>	11 <b>1:45.0</b>	12 <b>1:50.0</b>
100 FLY	13 <b>1:40.0</b>	14 <b>1:53.0</b>	15 <b>2:00.0</b>	16 <b>2:10.0</b>
50 FREE	17 <b>36.0</b>	18 <b>38.0</b>	19 <b>42.0</b>	20 <b>44.0</b>
4x50 M. R.	21 <b>3:05.0</b>	22 <b>3:05.0</b>	23 <b>3:30.0</b>	24 <b>3:30.0</b>

***SUNDAY, MAY 13<sup>th</sup>, 2018***

***Qualifying Times Listed Under Event Number***

<b><i>Warm-up: 5:45 pm</i></b>		<b><i>Start: 6:30 pm</i></b>		
Event	10-Yr Old Girls	10-Yr Old Boys	9-Yr Old Girls	9-Yr Old Boys
100 FREE	25 <b>1:19.0</b>	26 <b>1:24.0</b>	27 <b>1:32.0</b>	28 <b>1:34.0</b>
50 FLY	29 <b>44.0</b>	30 <b>48.0</b>	31 <b>52.0</b>	32 <b>57.0</b>
100 BREAST	33 <b>1:46.0</b>	34 <b>1:50.0</b>	35 <b>1:58.0</b>	36 <b>2:08.0</b>
50 BACK	37 <b>44.0</b>	38 <b>46.0</b>	39 <b>50.0</b>	40 <b>52.0</b>
4x50 F. R.	41 <b>2:40.0</b>	42 <b>2:43.0</b>	43 <b>3:05.0</b>	44 <b>3:10.0</b>



## **ETOBICOKE OLYMPIUM AQUATIC EVENT PROCEDURES FOR MEET MANAGERS, OFFICIALS AND COACHES**

1. The Olympium Part Time Supervisor will be responsible for handling any problems that arise with space allocation or safety during the meet.
2. Absolutely no food in the bleachers or on the pool deck with the exception of drinks provided for the officials working during the event.
3. No running on the deck, under the bleachers or on the bleachers.
4. No climbing across the railing between the gallery and the bleachers.
5. No climbing over the yellow gates between the pool deck and the bleachers.
6. Shoes must be worn whenever outside the pool or change room areas.
7. No diving off the starting blocks or bulkhead during warm-ups. Please slip or jump into the pool. It is recommended to designate lanes one and eight as sprint lanes in one direction only, for the last part of warm-ups.
8. The use of flippers and hand paddles, during warm-ups is prohibited.
9. Swimmers that are not competing are not to be in other areas of the building, and are not to upset the normal operation of the other departments.
10. **Coaches are directly responsible for the supervision of their athletes at all times. This includes the pool area, change rooms, hallways and all other areas of the Etobicoke Olympium.**