

Mallards Winter LC Invitational

February 25th to 27th, 2022

PRESENTED BY:



MARKHAM PAN AM CENTER

16 Main Street
Unionville, Ontario

MALLARDS WINTER LC INVITATIONAL

- DATE:** February 25 - 27 , 2022
- HOST:** **Mallards Swim Team**
- LOCATION:** MARKHAM Pan Am Center
16 Main Street,
Unionville, Ontario
- FACILITY:** 50 meters, 10 Lanes, Competition Pool with Swiss Timing System.
- COMPETITION DESCRIPTION:** Swimmers will swim in age combined events in the following age groups:
12 & Under, 13 & 14 and 15 & Over
All events are Timed Finals
- COMPETITION RULES:** All current Swimming Canada rules will be followed.
All swimmers participating in provincially sanctioned meets shall be required to comply with swimwear rule GR 5. Click [HERE](#) to view full details.
Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator. [Swimming Canada Competition Warm-Up Safety Procedures](#) will be in effect.
- DIVE STARTS:** This competition will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1 from both ends.
- MEET PACKAGE:** The only valid meet package is the most current one found on www.swimming.ca
- COMPETITION COORDINATORS:** Wayne Dorrington, Level 5
Vivien Hughsam, Level 5
- MEET MANAGERS:** Gigi Chan, Stephen Chan, meetmanager@mallardsswimming.com
- COVID SAFETY COORDINATOR:** Lilly Hewwing, officialschair@mallardsswimming.com
- ELIGIBILITY:** **The Event is sanctioned as 'Closed Invitational' by Swim Ontario.**
All athletes must be registered as Competitive swimmers with Swimming Canada.
This event includes swimmers from BAD, CATS, CCSC, COBRA, Dorado Stars, DUCKS, MMST, MST, MUSAC, RAMAC, and TRENT.

It is the participant's responsibility to ensure all [Facility Entrance Requirements](#) have been met.
- AGE UP DATE:** A competitor's age is their age as of the start date of the meet, February 25, 2022.
- PARTICIPANT SAFETY:** Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe, welcoming and inclusive sport environment that is free of abuse, harassment and discrimination.
COVID Safety Procedures, Concussion Management & Event Photography procedures will be in effect. For complete details, click [HERE](#).
- MIXED GENDER:** An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event.

MALLARDS WINTER LC INVITATIONAL

In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee ensures that the swimmer competes with competitors of the same gender for his/her heat.

In the event that mixed gender swims are permitted, the results must still be posted separately by gender of swimmers.

COACH'S REGISTRATION:

Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliancy lists](#). If a coach is not on this list, meet management is obligated to enforce the SNC policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance

FACILITY ENTRANCE REQUIREMENTS:

1. Health Screening: All participants will show proof of successful completion of the [Markham Online Health Screening](#) on their mobile device or a printed copy.

2. Proof of Vaccine Status & Identity:

- All participants 12 years of age and older, entering a City of Markham facility will be required to show the enhanced vaccine certificate with QR code. The QR code can be used digitally or by printing a paper copy. Individuals can download their enhanced certificate with QR code by visiting <https://covid-19.ontario.ca/book-vaccine/>.
- All children participating in indoor organized sports will be given a grace period of 12 weeks (3 months) from their 12th birthday to be fully vaccinated to participate in our facilities. During this period they must provide identification, but are not required to provide proof of being fully vaccinated. Children aged 5-11 can be vaccinated now. Please visit york.ca/covid19vaccine to book a vaccination appointment.
- Proof of vaccination must include a government ID showing Date of Birth of the individual (student card is not an acceptable form of ID). Photo is not required. A digital copy on a phone is acceptable.
- Covid 19 Vaccination Exemption: The City of Markham will no longer accept physician notes. This will assist in strengthening the verification process for medical exemptions and clinical trial exemptions by requiring a certificate with a QR code. For more details, please visit...
<https://covid-19.ontario.ca/proof-covid-19-vaccination#medical-and-vaccine-clinical-trial-exemptions>

3. Event Attestation: All participants will complete the Event Covid-19 Attestation form and provide their contact information for contact tracing purposes. Only participants whose name appears on the 'Completed Event Attestation' list will be permitted entry to the facility.

SPECTATORS:

A maximum of 500 spectators is permitted per session as per MPAC rules. Entry will be on a first come first served basis. All facility entrance requirements will apply except for the Event Covid Attestation form.

MALLARDS WINTER LC INVITATIONAL

- OFFICIALS** Olga Vovchenko and Bonita Ten, officialschair@mallardsswimming.com
- COORDINATORS:** It would be greatly appreciated if each club would provide officials to help out at the meet. Please indicate sessions/positions preferred.
- ENTRY FEES:**
- | | |
|--------------------|---------|
| Events to 200m | \$15.00 |
| Events 400m and up | \$20.00 |
| Relays | \$25.00 |
- All fees include Swim Ontario Gold Bonus and HST.
Payment will be by **e-transfer** prior to the start of the event.
- ENTRY DEADLINE:** Entries must be received by Wednesday, **Feb. 9, 2022**
Deadline for changes is Friday, **Feb. 18, 2022**
- ENTRIES:** Entries must be submitted through the SNC online entries system at www.swimming.ca
- **No changes will be accepted after Feb 18, as the meet will have been final seeded. After that time, all entries will be considered final and fees will be calculated; No Refunds will be granted for missed swims.**
 - Entries will be considered in order received and with the discretion of meet mgmt..
 - Entry confirmations will be sent by individual email from www.swimming.ca.
 - Meet Management reserves the right to restrict and/or close entries prior to the deadline in the event of over subscription.
- ENTRY RESTRICTIONS:** Meet Management requests all swimmers be entered with real (provable) or estimated entry times to allow for proper seeding.
- The event is limited to a maximum of 200 swimmers
 - Session 1, Limit of 2 events per swimmer.
 - Sessions 2 - 7, Limit of 4 Individual Events & 1 Relay per swimmer.
 - **No Time (NT) entries will not be accepted**
 - No qualifying standard or period.
 - No qualifying period
 - Relay swimmers must be entered in a non relay event in order to compete.
- SEEDING/ CONVERSIONS:** Heats will be seeded slowest to fastest except in distance events 400 IM, 400, 800 and 1500 freestyle, fastest to slowest. All entries must be submitted using long course times in meters (LCM). Please use Hy-Tek default conversion factor to convert SCM times to LCM times before submitting entries.
- OFFICIAL SPLITS:** Official Split Requests will not be permitted at this event.
- RECORDS:** Swim times achieved at this competition will NOT be used for applications of provincial and national records.
- DECK ENTRIES:** Will be **Exhibition (EX) only**.
Entries must be made 30 minutes prior to the start of the session, and will be accepted based on the availability of empty lanes in slowest heats.
- Swimmer substitution will not be allowed.
 - Permitted for swimmers already entered in the competition.
 - **Cost is \$20.00 per event up to 200m, \$25.00 per event 400m and over and \$30 per relay event, payable in cash (exact amount) and submitted to the COC with the Deck Entry Form.**

MALLARDS WINTER LC INVITATIONAL

MEET SCHEDULE:

| SESSION | | AGE GROUP | SESSION | WARM UP | START | EST. LENGTH |
|----------|---|--------------|-------------------------------|----------|----------|-------------|
| Friday | 1 | 11 & Over | Time Final Distance Events | 4:30 pm | 5:15 pm | 2 ½ hrs |
| Saturday | 2 | 15 & Over | Time Final | 7:30 am | 8:15 am | 2 ½ hrs |
| | 3 | 13 & 14 yrs. | Time Final | 12:00 pm | 12:45 pm | 2 ½ hrs |
| | 4 | 12 & Under | Time Final | 4:30 pm | 5:15 pm | 2 ½ hrs |
| Sunday | 5 | 15 & Over | Time Final | 7:30 am | 8:15 am | 2 ½ hrs |
| | 6 | 13 & 14 yrs. | Time Final | 12:00 pm | 12:45 pm | 2 ½ hrs |
| | 7 | 12 & Under | Time Final | 4:30 pm | 5:15 pm | 2 ½ hrs |

SCHEDULE

OF EVENTS:

See "Appendix A" for order of events

SESSION TIMES:

Meet Management reserves the right to:

1. Amend warm-up and start times according to the number of entries received.
2. Limit the number of swimmers in an event and or run events in multiple sessions if necessary.
3. Limit the number of heats in any particular event(s)
4. Cancel relays should session run late

An updated schedule will be posted on the Mallards website as soon as it becomes available.

CHECK-IN & SCRATCHES:

TIME FINAL Events: Scratches are to be made to the Clerk of Course at least 30 minutes before the start of each session. No penalty for late scratches of these events. **NO REFUND(S) will be issued for swimmers who do not swim any heat for which they are seeded.**

POSITIVE CHECK-IN is required for all **400 IM, 400, 800 and 1500m Free events** at least **30 minutes** before the start of the session, at the Clerk of Course table. Failure to do so may result in the swimmer being eliminated from the race.

RELAYS:

Relay cards are to be submitted to the Clerk of Course 15 minutes before the start of the session.

- Once submitted, no name changes will be permitted.
- Please submit relay entry times for seeding purposes.
- Relays will run in alternate lanes.
- Teams may move up no more than two (2) swimmers from a younger age category to fill a relay.
- A MIXED Relay will have 2 girls and 2 boys. No other combination is allowed. The first leg of a mixed relay is not an official time.

MALLARDS WINTER LC INVITATIONAL

PSYCH SHEETS: Psych sheets will be posted online at www.mallardsswimming.com through a link on the homepage of Mallards Swim Team.

RESULTS: Unofficial meet results will be available on Live Results/Meet Mobile. Official meet results will be uploaded to www.swimming.ca within 5 days of completion of the meet.

VIRTUAL BRIEFING: A MANDATORY virtual briefing will be conducted via Google Meet for all participants (Athletes, Coaches and Officials) to review the Safety and Meet Protocols. The meeting link will be sent out closer to briefing dates.

- **Coaches & Athletes:** Saturday, February 19, 2022. 10:00 AM
- **Senior Officials:** Tuesday, February 22, 7:30 PM
- **ALL Officials:** Wednesday, February 23, 7:30 PM

AWARDS & HOSPITALITY:

- No awards will be presented.
- Refreshments will not be provided by the host club for coaches or officials.
- Amenities around Markham PanAm Centre...
 - [Langham Square](#) (Restaurants and Supermarket)
 - [New Kennedy Square](#) (Restaurants, Food court and Supermarket)
 - [Whole Foods](#) (Supermarket)
 - [Markville Mall](#) (Food court, Tim Hortons, McDonalds, Joey, Pickle Barrel...)
 - [Tim Hortons](#)

OTHER INFORMATION: No food will be allowed on deck.
No glass objects will be allowed on deck.
Lockers are not available.
Onsite parking is free but may be limited.

EVENT HOST HOTEL: [Hilton Suites Conference Center and Spa](#)
8500 Warden Ave.,
Markham, Ontario, L6G 1A5

For Group Sales/Discount, contact Group Sales Manager, Kristine Lagos
kristine.lagos@markhamsuites.com
Tel: (905) 470-8577



TRIPLE Points on Every Meeting & Event

Earn **3 Points per \$1 USD** spent with the Hilton Honors Event Planner Program when you book an event by December 31, 2021 and complete it prior to March 31, 2022.

Hilton
TORONTO/MARKHAM SUITES
CONFERENCE CENTER & SPA

HiltonHonors.com/PlannerBonus

MALLARDS WINTER LC INVITATIONAL

Appendix A Order of Events

| DAY 1, SESSION #1 FRIDAY, FEBRUARY 25, 2022 WARM-UP: 4:30PM START: 5:15 PM | | | | |
|---|------------------|--------------|--------------------|---------------|
| EVENT # | AGE GROUP | EVENT | COMPETITION | GENDER |
| 10 | 11 & Over | 400 IM* | T-F | Mixed |
| 11 | 11 & Over | 800 Free* | T-F | Mixed |
| 12 | 11 & Over | 1500 Free* | T-F | Mixed |
| 13 | 11 & Over | 400 Free* | T-F | Mixed |

*Positive check-in required 30 min. before session start

| DAY 2, SESSION #2 SATURDAY, FEBRUARY 26, 2022 WARM-UP: 7:30 AM START: 8:15 AM | | | | |
|--|------------------|--------------------|--------------------|---------------|
| EVENT # | AGE GROUP | EVENT | COMPETITION | GENDER |
| 20 | 15 & Over | 200 Free | T-F | Mixed |
| 21 | 15 & Over | 200 Fly | T-F | Mixed |
| 22 | 15 & Over | 200 Breast | T-F | Mixed |
| 23 | 15 & Over | 100 Back | T-F | Mixed |
| 24 | 15 & Over | 50 Fly * | T-F | Mixed |
| 25 | 15 & Over | 50 Breast * | T-F | Mixed |
| 26 | 15 & Over | 50 Free * | T-F | Mixed |
| 27 | 15 & Over | 4 x 50m Free Relay | T-F | Girls |
| 28 | 15 & Over | 4 x 50m Free Relay | T-F | Boys |

* ALL 50M EVENTS WILL START AT WEST END

| DAY 2, SESSION #3 SATURDAY, FEBRUARY 26, 2022 Warm Up: 12:00 PM Start: 12:45 PM | | | | |
|--|------------------|--------------------|--------------------|---------------|
| EVENT # | AGE GROUP | EVENT | COMPETITION | GENDER |
| 30 | 13 - 14 yrs. | 200 Free | T-F | Mixed |
| 31 | 13 - 14 yrs. | 200 Fly | T-F | Mixed |
| 32 | 13 - 14 yrs. | 200 Breast | T-F | Mixed |
| 33 | 13 - 14 yrs. | 100 Back | T-F | Mixed |
| 34 | 13 - 14 yrs. | 50 Fly* | T-F | Mixed |
| 35 | 13 - 14 yrs. | 50 Breast* | T-F | Mixed |
| 36 | 13 - 14 yrs. | 50 Free* | T-F | Mixed |
| 37 | 13 - 14 yrs. | 4 x 50m Free Relay | T-F | Girls |
| 38 | 13 - 14 yrs. | 4 x 50m Free Relay | T-F | Boys |

* ALL 50M EVENTS WILL START AT WEST END

MALLARDS WINTER LC INVITATIONAL

| DAY 2, SESSION #4 SATURDAY, FEBRUARY 26, 2022 WARM-UP: 4:30 PM START: 5:15 PM | | | | |
|--|------------------|--------------------|--------------------|---------------|
| <u>EVENT #</u> | <u>AGE GROUP</u> | <u>EVENT</u> | <u>COMPETITION</u> | <u>GENDER</u> |
| 40 | 12 & U | 100 Free | T-F | Mixed |
| 41 | 12 & U | 200 Fly | T-F | Mixed |
| 42 | 12 & U | 200 Breast | T-F | Mixed |
| 43 | 12 & U | 100 Back | T-F | Mixed |
| 44 | 12 & U | 50 Fly* | T-F | Mixed |
| 45 | 12 & U | 50 Breast* | T-F | Mixed |
| 46 | 12 & U | 200 IM | T-F | Mixed |
| 47 | 10 & Under | 4 x 50m Free Relay | T-F | Mixed |
| 48 | 11 - 12 yrs | 4 x 50m Free Relay | T-F | Girls |
| 49 | 11 - 12 yrs | 4 x 50m Free Relay | T-F | Boys |

* ALL 50M EVENTS WILL START AT WEST END

| DAY 3, SESSION #5 SUNDAY, FEBRUARY 27, 2022 Warm Up: 7:30 AM Start: 8:15 AM | | | | |
|--|------------------|-------------------|--------------------|---------------|
| <u>EVENT #</u> | <u>AGE GROUP</u> | <u>EVENT</u> | <u>COMPETITION</u> | <u>GENDER</u> |
| 50 | 15 & Over | 100 Free | T-F | Mixed |
| 51 | 15 & Over | 100 Breast | T-F | Mixed |
| 52 | 15 & Over | 200 Back | T-F | Mixed |
| 53 | 15 & Over | 100 Fly | T-F | Mixed |
| 54 | 15 & Over | 50 Back * | T-F | Mixed |
| 55 | 15 & Over | 200 IM | T-F | Mixed |
| 56 | 15 & Over | 4 x 50m Med Relay | T-F | Girls |
| 57 | 15 & Over | 4 x 50m Med Relay | T-F | Boys |

* ALL 50M EVENTS WILL START AT WEST END

MALLARDS WINTER LC INVITATIONAL

| DAY 3, SESSION #6 SUNDAY, FEBRUARY 27, 2022 Warm Up: 12:00 PM Start: 12:45 PM | | | | |
|--|------------------|-------------------|--------------------|---------------|
| <u>EVENT #</u> | <u>AGE GROUP</u> | <u>EVENT</u> | <u>COMPETITION</u> | <u>GENDER</u> |
| 60 | 13 - 14 yrs | 100 Free | T-F | Mixed |
| 61 | 13 - 14 yrs | 100 Breast | T-F | Mixed |
| 62 | 13 - 14 yrs | 200 Back | T-F | Mixed |
| 63 | 13 - 14 yrs | 100 Fly | T-F | Mixed |
| 64 | 13 - 14 yrs | 50 Back* | T-F | Mixed |
| 65 | 13 - 14 yrs | 200 IM | T-F | Mixed |
| 66 | 13 - 14 yrs | 4 x 50m Med Relay | T-F | Girls |
| 67 | 13 - 14 yrs | 4 x 50m Med Relay | T-F | Boys |

* ALL 50M EVENTS WILL START AT WEST END

| DAY 3, SESSION #7 SUNDAY, FEBRUARY 6, 2022 Warm Up: 4:30 PM Start: 5:15 PM | | | | |
|---|------------------|-------------------|--------------------|---------------|
| <u>EVENT #</u> | <u>AGE GROUP</u> | <u>EVENT</u> | <u>COMPETITION</u> | <u>GENDER</u> |
| 70 | 12 & U | 200 Free | T-F | Mixed |
| 71 | 12 & U | 100 Breast | T-F | Mixed |
| 72 | 12 & U | 200 Back | T-F | Mixed |
| 73 | 12 & U | 100 Fly | T-F | Mixed |
| 74 | 12 & U | 50 Free* | T-F | Mixed |
| 75 | 12 & U | 50 Back* | T-F | Mixed |
| 76 | 10 & U | 4 x 50m Med Relay | T-F | Mixed |
| 77 | 11 - 12 yrs | 4 x 50m Med Relay | T-F | Girls |
| 78 | 11 - 12 yrs | 4 x 50m Med Relay | T-F | JU |

* ALL 50M EVENTS WILL START AT WEST END