

Day Schedule

Summer Camp 2016



Time	Location	Activity
9:00am – 9:30 am	Pool	Reception
9:30am – 10:00am	Soccer Field	Dry land warm up and stretching
10:00am – 10:30am	Soccer Field	Running
a) 10:30 – 11:30am	Soccer Field	Soccer
11:30am – 1:00pm	Pool	Swimming Practice
1:00pm – 2:00pm	Pool Foyer	Lunch
2:00pm – 3:00pm	Basketball Courts	Basketball
3:00pm – 3:30pm	Pool Foyer	Chess, Table tennis, Games
3:30pm – 5:00pm	Pool	Swimming Practice

The Day Schedule is approximate and may change. All outside activities might be cancelled due to weather conditions. Some activities might be longer due to coaches' request.
