

Backpack List

Summer Camp



All campers must bring the following items:

- Lunch, Drink, Snacks
 - At least 1,5 liters of water
 - Sunscreen (SPF 15 or more)
 - All prescription medications (where necessary)
 - Hat
 - Cotton T-shirt
 - Athletic shorts
 - Running Shoes
 - Deck Shoes
 - Swim Suit
 - Swimming cap, if you have a long hair, is required
 - Goggles
 - Towel
 - Shampoo and soap
-

Note: DON'T FORGET IT !!!